Starters & Soups

HOUSE MADE BLACK BEAN SOUP 5.20

SOUP OF THE DAY 5.25

143 calories; 759 mg sodium; 2 g fat

SONORAN VEGGIE QUESADILLA 7.95

Zucchini, Squash, Red Onion, Tomato, Corn Salsa, Cotija and Monterrey Jack Cheeses in a Whole Wheat Tortilla accompanied with Salsa and Crema 536 calories; 1567 mg sodium; 28 g fat

WHITE BEAN & ROASTED GARLIC DIP 6.55

with Red Peppers and Carrots 432 calories; 568 mg sodium; 26 g fat

BATTERED MUSHROOMS & ZUCCHINI 7.25 Served with Serrano Chile Buttermilk Dressing

614 calories; 1640 mg sodium; 45 g fat

SMOKED TROUT SPREAD 7.95 with Pita Chips and Sliced Red Peppers 353 calories; 704 mg sodium; 18 g fat

GUACAMOLE MONTEREY 5.50 Served with Tortilla Chips

754 calories; 1269 mg sodium; 45 g fat

Salads

HARVEY HOUSE 5.25

Romaine Lettuce garnished with Roasted Beets, Carrots, Cucumber and Pumpkin Seeds with Lime Vinaigrette 119 calories; 75 mg sodium; 6 g fat

BRAISED LENTIL & KALE 7.50

Braised Lentils with Kale, a Mixture of Green and Purple Cabbage with Tomato and Cucumbers Slices Served with Dijon Vinaigrette
256 calories; 460 mg sodium; 5 g fat

ARIZONA COBB 9.45

Mixed Greens with Chopped Egg, Chipotle Turkey, Avocado, Bleu Cheese, Diced Bacon and Tomato Served with Yogurt Ranch Dressing
576 calories; 1603 mg sodium; 37 g fat

FRESH FRUIT & YOGURT 7.60

A Variety of Fresh Seasonal Fruit Served with Yogurt and a Slice of Housemade Banana Bread 375 calories; 285 mg sodium; 9 g fat

THE HIKER'S CHICKEN CAESAR 10.35

A Blend of Crisp Romaine and Grilled Chicken Breast Tossed in Caesar Dressing Sprinkled with Parmesan Cheese and Croutons 447 calories; 1066 mg sodium; 26 g fat

SUPAI SPINACH 7.25

Fresh with Smoked Rainbow Trout, Granny Smith Apple, Spiced Pecans, Dried Cranberries with Honey Balsamic Vinaigrette

385 calories; 829 mg sodium; 21 g fat

Children 12 and under may enjoy half portion entrees for a discounted price.

Ask your Server about our Gluten Free Options

Due to our remote location, a surcharge will be added to each guest check to offset local utility expense.

Build Your Own Bright Angel Burger

Garnished with Lettuce, Tomato, Onion and Pickle

Third Pound Angus Beef 10.55

501 calories; 324 mg sodium; 32 g fat

Tepa Veggie Patty 8.95 756 calories; 715 mg sodium; 50 g fat

One Third Pound Turkey Patty 8.75

538 calories; 426 mg sodium; 41 g fat 405 calories; 3.

Chicken Breast 9.50 405 calories; 393 mg sodium; 29 g fat

Select one each: Bun, Cheese, Condiment, Topping and Side

Bun: Whole Grain, Ciabatta, Gluten Free Bun, Lettuce Wrap

Cheese: Pepperjack, Lite Swiss, Cheddar, Cotija, Bleu

Condiment: Cilantro, Chimichurri Sauce, Cucumber Ranch, BBQ, Horseradish Sauce Basil Pesto, Caesar Dressing, Red Chile Sauce

> Topping: Roasted Red Pepper, Green Chile, Portabella Mushroom Red Onion, Steamed Kale, Turkey Bacon, Fresh Avocado

Side: Harvey House Salad, Red Potato Salad, Steamed Veggies, Fresh Fruit Salad Root Vegetable Chips, Sweet Potato Wedges

Trail Favorites

- PACKER'S STEW IN A SOURDOUGH BOWL 8.75 A Hearty Stew Packed with Tender Beef Tips and a Variety of Garden Vegetables 1006 calories; 511 mg sodium; 22 g fat
- CHILI CON CARNE 8.75
 Made with Fresh Ground Beef, Plump Red Tomatoes, Beans, Onions, Peppers and a Secret Blend of Spices Loaded into a Sourdough Bowl with Crema and Diced Onion 1074 calories; 437 mg sodium; 28 g fat
- THREE SISTERS CHILI 8.75
 Squash, Corn and Pinto Bean Chili Served in a Sourdough Bowl with Shredded Cotija Cheese and Lime
 915 calories; 2066 mg sodium; 12 g fat

Menu items made with local and/or organic ingredients.

Actual Nutritional Values May Vary Due to Factors such as Individual Preparation of our Menu items

*Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Good For You

Xanterra is committed to providing our guests with a variety of options to help promote a healthy lifestyle.

Throughout the menu you will find calories, sodium and fat nutritional information.

Sandwiches

**Served with your Choice of Harvey House Salad, Red Potato Salad, Steamed Veggies, Fresh Fruit Salad Root Vegetable Chips or Sweet Potato Wedges

Sliced Chicken Breast with PepperJack Cheese and Jalapeno Jelly on Whole Wheat Bread 481 calories; 699 mg sodium; 18 g fat

COLORADO DIP 9.95

Roast Beef with Sautéed Onions and Mushrooms Served on a Whole Grain Roll with Horseradish Mayo 517calories; 1646 mg sodium; 39 g fat

Add au jus 77 calories; 1230 mg sodium; 4 g fat

TURKEY CLUB 9.95

Thinly Sliced Turkey, Ham and Turkey Bacon Swiss Cheese, Lettuce and Tomato on Toasted 12 Grain Bread Served with Chipotle Mayo 491 calories; 1577 mg sodium; 26 g fat

SMOKED BUFFALO BRATWURST 5.50 with Sauerkraut and served with your choice of side 657 calories; 1740 mg sodium; 30 g fat

Bright Angel Wraps

**Served with your Choice of Harvey House Salad, Red Potato Salad, Steamed Veggies, Fresh Fruit Salad
Root Vegetable Chips or Sweet Potato Wedges

SMOKED SALMON 9.95

Honey Smoked Salmon with Spinach, Tomato, Crumbled Feta Cheese and Horseradish Yogurt in a Spinach or Whole Wheat Tortilla 441 calories; 704 mg sodium; 18 g fat

SWEET POTATO SPINACH 7.75

Sweet Potato, Kale, Purple Cabbage, Avocado, Roasted Red Pepper, Feta Cheese and Spiced Pecans Served in a Spinach Wrap 585 calories; 938 mg sodium; 30 g fat

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**Sides are not included in nutritional information.

Desserts

Make Your Dessert A la Mode for an additional 2.75

213 calories; 52 mg sodium; 14 g fat

HOUSE MADE BREAD PUDDING 4.65

Served with Whipped Topping and Hot Caramel Sauce

480 calories; 610 mg sodium; 24 g fat

NEW YORK STYLE CHEESECAKE 5.10

A Rich and Creamy Tradition with Strawberry Compote or Caramel Sauce

257 calories; 350 mg sodium; 1 g fat Strawberry Sauce 108 calories; 9 mg sodium; 0.05 g fat

Caramel Sauce 108 calories; 148 mg sodium; 0.05 g fat

BLUEBERRY OR CHERRY PIE 3.75

Deliciously flaky crust with your choice of filling

Blueberry 290 calories; 359 mg sodium; 13 g fat or Cherry 325 calories; 308 mg sodium; 14 g fat

APPLE PIE 3.95

Scrumptious Apples in a flaky crust

278 calories; 236 mg sodium; 13 g fat

HOUSE MADE BRIGHT ANGEL BROWNIE SUNDAE 5.95

A Warm Brownie with a Scoop of Vanilla Ice Cream Drizzled with Hershey's Syrup, Whipped Topping and a Cherry

1125 calories; 663 mg sodium; 52 g fat

DREYER'S GRAND ICE CREAM SCOOP 4.25

Choose from Peanut Butter Cup, Mint Chocolate Chip, Chocolate, Vanilla or Strawberry 424 calories; 104 mg sodium; 28 g fat

DREYER'S LOW FAT SHERBET OR SORBET 4.50

Choose from Rainbow Sherbet, Raspberry or Lemon Sorbet

245 calories; 78 mg sodium; 4 g fat

Beverages

CHILLED FRUIT JUICE 2.50 8 oz. 3.00 12 oz.

Orange, Apple, Grapefruit, Cranberry, V8 or Tomato

ORGANIC SHADE GROWN COFFEE 2.70

100% Rainforest Alliance

BLACK OR HERBAL TEA 2.70

SOFT DRINKS 2.90

Coke, Diet Coke, Root Beer, Sprite,

Mr. Pibb, Lemonade or Iced Tea

CAPPUCCINO 3.15 12 oz. 3.65 16 oz.

HOT CHOCOLATE 2.70

Ice Cold Drafts

Premium Beer 5.50 16 oz.

New Belgium Seasonal, 1554 Black Lager, Fat Tire, Grand Canyon IPA, Grand Canyon Pilsner

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