

# Starters & Soups

## SONORAN VEGGIE QUESADILLA 7.95

Zucchini, Squash, Red Onion, Tomato, Corn Salsa and Cotija and Monterey Jack Cheeses  
in a Whole Wheat Tortilla accompanied with Salsa and Crema

536 calories; 1567 mg sodium; 28 g fat

## WHITE BEAN & ROASTED GARLIC DIP 6.55

with Red Peppers and Carrots

432 calories; 568 mg sodium; 26 g fat

## SMOKED TROUT SPREAD 7.95

with Pita Chips and Sliced Red Peppers

353 calories; 704 mg sodium; 18 g fat

## BATTERED MUSHROOMS & ZUCCHINI 7.25

Served with Serrano Chile Buttermilk Dressing

614 calories; 1640 mg sodium; 45 g fat

## GUACAMOLE MONTEREY 5.50

Served with Tortilla Chips

754 calories; 1269 mg sodium; 45 g fat

## HOUSEMADE BLACK BEAN SOUP 5.20

143 calories; 759 mg sodium; 2 g fat

## SOUP OF THE DAY 5.25

# Salads



## HARVEY HOUSE 5.25

Romaine Lettuce garnished with Roasted Beets, Carrots, Cucumber and Pumpkin Seeds with Lime Vinaigrette

119 calories; 75 mg sodium; 6 g fat



## ARIZONA COBB 9.45

Mixed Greens with Chopped Egg, Chipotle Turkey, Avocado, Bleu Cheese, Diced Bacon and Tomato  
Served with Yogurt Ranch Dressing

576 calories; 1603 mg sodium; 37 g fat

## THE HIKER'S CHICKEN CAESAR 10.35

A Blend of Crisp Romaine and Grilled Chicken Breast Tossed in Caesar Dressing  
Sprinkled with Parmesan Cheese and Croutons

447 calories; 1066 mg sodium; 26 g fat

## SUPAI SPINACH 7.25

Fresh Spinach with Smoked Rainbow Trout, Granny Smith Apple, Spiced Pecans, Dried Cranberries  
with Honey Balsamic Vinaigrette

385 calories; 829 mg sodium; 21 g fat



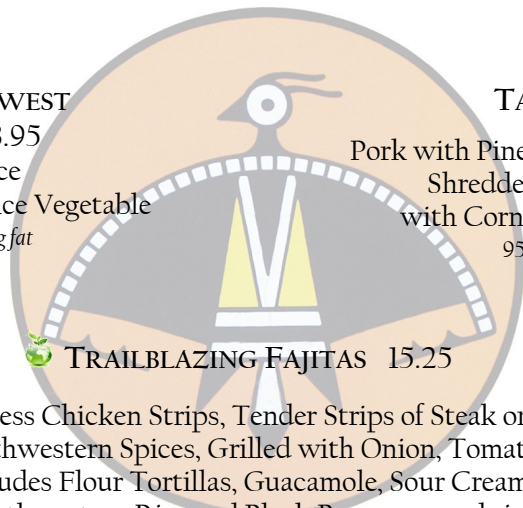
Menu items made with local and/or organic ingredients.

Children 12 and under may enjoy half portion entrees for a discounted price.

Due to our remote location, a surcharge will be added to each guest check to offset local utility expense.

BRIGHT ANGEL DINNER 2015

# Southwest Traditions



## BRIGHT ANGEL SOUTHWEST

**SALISBURY STEAK 8.95**

with Mushroom Sauce

Choice of Potato and Chef's Choice Vegetable

653 calories; 778 mg sodium; 39 g fat

**TACOS AL PASTOR 12.95**

Pork with Pineapple, Guacamole, Salsa, Sour Cream

Shredded Cheddar Cheese and Lettuce

with Corn Tortillas and Southwestern Rice

952 calories; 1210 mg sodium; 40g fat

 **TRAILBLAZING FAJITAS 15.25**

Your Choice of Boneless Chicken Strips, Tender Strips of Steak or a Combination of Both  
Marinated in Southwestern Spices, Grilled with Onion, Tomatoes and Bell Peppers

Includes Flour Tortillas, Guacamole, Sour Cream, Salsa

Southwestern Rice and Black Beans...served sizzling!

Beef 2104 calories; 1801 mg sodium; 78 g fat ; Chicken 1844 calories; 1693 mg sodium; 68 g fat

 **SHRIMP STUFFED BLUE CORN CREPES 21.25**

Shrimp, Blue Corn Crepes, Pepperjack Sauce, Rice and Chef's Choice Vegetable

634 calories; 1284 mg sodium; 21 g fat

## Build Your Own Bright Angel Burger

Garnished with Lettuce, Tomato, Onion and Pickle

**One Third Pound Angus Beef 10.55**

501 calories; 324 mg sodium; 32 g fat

 **Tepa Veggie Patty 8.95**

756 calories; 715 mg sodium; 50 g fat

**One Third Pound Turkey Patty 8.75**

538 calories; 426 mg sodium; 41 g fat

 **Chicken Breast 9.50**

405 calories; 393 mg sodium; 29 g fat

Select one each: Bun, Cheese, Condiment, Topping and Side

Bun: Whole Grain, Ciabatta, Gluten Free Bun, Lettuce Wrap

Cheese: Pepperjack, Lite Swiss, Cheddar, Cotija, Bleu

Condiment: Cilantro, Chimichurri Sauce, Cucumber Ranch, BBQ, Horseradish Sauce

Basil Pesto, Caesar Dressing, Red Chile Sauce

Topping: Roasted Red Pepper, Green Chile, Portabella Mushroom

Red Onion, Steamed Kale, Turkey Bacon, Fresh Avocado

Side: Harvey House Salad, Red Potato Salad, Steamed Veggies, Fresh Fruit Salad

Root Vegetable Chips, Sweet Potato Wedges

Additional Topping -.75 or Add Chili - .75

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Ask your Server about our Gluten Free Options

Actual Nutritional Values May Vary Due to Factors such as Individual Preparation of our Menu items

\*Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of foodborne illness,  
especially if you have certain medical conditions.

\*\*Sides are not included in nutritional information.

# Harvey Girl® Traditions

Choice of Harvey House Salad, Housemade Black Bean Soup or Soup of the Day

## \*HARVEY HOUSE STEAK 17.50

A Hand Cut 8 oz. NY Strip Grilled to Order  
with Sautéed Mushrooms and Onions  
Served with Potato and Seasonal Vegetables  
*903 calories; 207 mg sodium; 48 g fat*

## GRILLED VEGETABLE PESTO FUSILLI 10.25

Grilled Vegetables with Artichokes and Roasted Tomatoes  
over Fusilli with Pesto and Parmesan Cheese  
*824 calories; 620 mg sodium; 14 g fat*

## BEEF STROGANOFF 12.95

Traditional Beef Stroganoff  
with Mushrooms and Onions  
Served over Egg Noodles  
with Chef's Vegetable of the Day  
*819 calories; 1306 mg sodium; 25g fat*

## ARIZONA TOM TURKEY 12.50

Sliced Roasted Turkey  
with Sage Cornbread Dressing  
Served with Sweet Potato  
Chef's Choice Vegetable  
and Apple Cranberry Relish  
*580 calories; 1441 mg sodium; 23 g fat*

## THE RIVER RUNNER 12.65

A Boneless Trout Fillet, Lightly Dusted  
in Seasoned Flour and Sautéed to Tender Perfection  
with Dijonnaise Sauce, Rice and Seasonal Vegetables  
*620 calories; 273 mg sodium; 30 g fat*

## SANTA FE SPAGHETTI 9.95

Home Style Meatballs Smothered in Marinara  
or Meat Sauce with Smoked Mozzarella Cheese  
Roasted Tomato and Pesto Garnish  
Accompanied with Warm Garlic Toast  
and Parmesan Cheese  
*978 calories; 1520 mg sodium; 38 g fat*



*Harvey Girls on the South Rim*

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# Desserts

Make Your Dessert A la Mode for an additional 2.75

213 calories; 52 mg sodium; 14 g fat

## HOUSE MADE BREAD PUDDING 4.65

Served with Whipped Topping and Hot Caramel Sauce

480 calories; 610 mg sodium; 24 g fat

## NEW YORK STYLE CHEESECAKE 5.10

A Rich and Creamy Tradition with Strawberry Compote or Caramel Sauce

257 calories; 350 mg sodium; 1 g fat

Strawberry Compote 108 calories; 9 mg sodium; 0.05 g fat

Caramel Sauce 108 calories; 148 mg sodium; 0.05 g fat

## BLUEBERRY OR CHERRY PIE 3.75

Deliciously flaky crust with your choice of filling

Blueberry 290 calories; 359 mg sodium; 13 g fat

Cherry 325 calories; 308 mg sodium; 14 g fat

## APPLE PIE 3.95

Scrumptious Apples in a flaky crust

278 calories; 236 mg sodium; 13 g fat

## HOUSE MADE BRIGHT ANGEL BROWNIE SUNDAE 5.95

A Warm Brownie with a Scoop of Vanilla Ice Cream

Drizzled with Hershey's Syrup, Whipped Topping and a Cherry

1125 calories; 663 mg sodium; 52 g fat

## DREYER'S GRAND ICE CREAM SCOOP 4.25

Choose from Peanut Butter Cup, Mint Chocolate Chip, Chocolate, Vanilla or Strawberry

424 calories; 104 mg sodium; 28 g fat

## DREYER'S LOW FAT SHERBET OR SORBET 4.50

Choose from Rainbow Sherbet, Raspberry or Lemon Sorbet

245 calories; 78 mg sodium; 4 g fat



Harvey Girl®

"A Harvey Girl of the Nineties"

by Doris Lee

# Beverages

CHILLED FRUIT JUICE 2.50 8 oz. 3.00 12 oz.

Orange, Apple, Grapefruit, Cranberry, V8 or Tomato

ORGANIC SHADE GROWN COFFEE 2.70

100% Rainforest Alliance

BLACK OR HERBAL TEA 2.70

CAPPUCCINO 3.15 12 oz. 3.65 16 oz.

SOFT DRINKS 2.90

Coke, Diet Coke, Root Beer, Sprite,

Mr. Pibb, Lemonade or Iced Tea

GLASS OF MILK 2.75

2%, Chocolate or Soy

HOT CHOCOLATE 2.70

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