

WELCOME TO THE HISTORIC HARVEY HOUSE CAFÉ AT THE BRIGHT ANGEL LODGE

Grand Canyon National Park Lodges is committed to providing our guests with a variety of options to help promote a healthy lifestyle. Throughout the menu you will find calories, sodium, & fat nutritional information.

STARTERS & SOUPS

BRIGHT ANGEL VEGGIE QUESADILLA	8.25
Zucchini, Squash, Red Onion, Tomato, Corn Salsa, Cotija & Monterey Jack Cheeses in a Whole Wheat Tortilla accompanied with Salsa & Crema <small>536 Calories 1567 mg sodium 28 g fat</small>	
SONORAN STUFFED JALAPEÑOS	8.95
Deep Fried Jalapeno Peppers Stuffed with Cream Cheese & served with Cucumber Ranch Dressing <small>413 calories 1355 mg sodium 23.2 g fat</small>	
BATTERED MUSHROOMS & ZUCCHINI	7.40
Served with Serrano Chile Buttermilk Dressing <small>614 calories 1640 mg sodium 45 g fat</small>	
GUACAMOLE MONTEREY	7.40
<i>Featured on the 1980's El Tovar Dining Room Menu</i> Served with Tortilla Chips <small>754 calories 1269 mg sodium 45 g fat</small>	
HOUSE MADE TORTILLA SOUP	5.10
Vegetarian & Gluten Free	
SOUP OF THE DAY	5.25

SALADS

HARVEY HOUSE	5.85
Romaine Lettuce garnished with Roasted Beets, Carrots, Cucumber, & Pumpkin Seeds with Lime Vinaigrette <small>119 calories 75 mg sodium 6 g fat</small>	
ARIZONA COBB	10.30
<i>Featured on the 1940 Bright Angel Menu</i> Mixed Greens with Chopped Egg, Chipotle Turkey, Avocado, Bleu Cheese, Diced Bacon, & Tomato served with Yogurt Ranch Dressing <small>576 calories 1603 mg sodium 37 g fat</small>	
THE HIKER'S CHICKEN CAESAR	11.30
A Blend of Crisp Romaine & Grilled Chicken Breast Tossed in Caesar Dressing Sprinkled with Parmesan Cheese & Croutons <small>447 calories 1066 mg sodium 26 g fat</small>	
SUPAI SPINACH	7.85
Fresh Spinach with Smoked Rainbow Trout, Granny Smith Apple, Spiced Pecans, Dried Cranberries with Honey Balsamic Vinaigrette <small>385 calories 829 mg sodium 21 g fat</small>	



Menu items made with Sustainable and/or Organic ingredients when available.
Children 12 & under may enjoy half portion entrees at a discounted price.
Ask your server about our gluten free options

*Consuming raw or undercooked meats, poultry, or seafood may increase your risk of food borne illness, especially if you have certain medical conditions.



SOUTHWEST TRADITIONS

BRIGHT ANGEL SOUTHWEST SALISBURY STEAK	9.80
<i>Appeared on the 1938 Bright Angel Restaurant Menu</i>	
With Mushroom Sauce	
Choice of Potato & Chef's Choice Vegetable	
653 calories 778 mg sodium 39 g fat	
TACOS AL PASTOR	13.80
Pork with Pineapple, Guacamole, Salsa, Sour Cream, Shredded	
Cheddar Cheese, & Lettuce with Corn Tortillas & Southwestern Rice	
952 calories 1210 mg sodium 40 g fat	
TRAILBLAZING FAJITAS	16.30
Your choice of Boneless Chicken Strips, Tender Strips of Steak, or a Combination of Both	
Marinated in Southwestern Spices, Grilled with Onion, Tomatoes, & Bell Peppers	
Includes Flour Tortillas, Guacamole, Sour Cream, Salsa	
Southwestern Rice & Black Beans... served sizzling!	
Beef 2104 calories 1801 mg sodium 78 g fat	
Chicken 1844 calories 1693 mg sodium 68 g fat	
SHRIMP STUFFED BLUE CORN CREPES	21.85
Shrimp, Blue Corn Crepes, Pepper Jack Sauce, Rice, & Chef's Choice Vegetable	
634 calories 1284 mg sodium 21 g fat	

BUILD YOUR OWN BRIGHT ANGEL BURGER

Garnished with Lettuce, Tomato, Onion, & Pickle

 ONE THIRD POUND ANGUS BEEF	11.30
<i>Appeared on the 1942 Santa Fe Dining Car Menu</i>	
501 calories 324 mg sodium 32 g fat	
 TEPA VEGGIE PATTY	9.80
756 calories 715 mg sodium 50 g fat	
ONE THIRD POUND TURKEY PATTY	9.80
538 calories 426 mg sodium 41 g fat	
 CHICKEN BREAST	10.30
<i>Appeared on the 1938 El Tovar Dining Room Menu</i>	
405 calories 393 mg sodium 29 g fat	

SELECT ONE EACH: Bun, Cheese, Condiment, Topping, & Sides

BUN: Whole Grain, Ciabatta, Gluten Free Bun, Lettuce Wrap

CHEESE: Pepperjack, Lite Swiss, Cheddar, Cotija, Bleu

CONDIMENT: Cilantro, Chimichurri Sauce, Cucumber Ranch, BBQ, Horseradish Sauce, Basil Pesto, Caesar Dressing, Red Chile Sauce

TOPPING: Roasted Red Pepper, Green Chile, Portabella Mushroom, Red Onion, Steamed Kale, Turkey Bacon, Fresh Avocado

SIDE: Harvey House Salad, Red Potato Salad, Steamed Vegetables, Fresh Fruit Salad, Root Vegetable Chips, Sweet Potato Fries, or French Fries

ADDITIONAL TOPPING: 0.95 OR ADD CHILI: 0.95

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HARVEY GIRL® TRADITIONS

Choice of Harvey House Salad, House Made Tortilla Soup, or Soup of the Day

HARVEY HOUSE ARIZONA GROWN STEAK	18.60
A Hand Cut 8 oz. Arizona Grown NY Strip grilled to order with Sautéed Mushrooms & Onions Served with Potato & Seasonal Vegetables <small>903 calories 207 mg sodium 48 g fat</small>	
INDIAN GARDEN GRILLED VEGETABLE PESTO FUSILLI	10.80
Grilled Vegetables with Artichokes & Roasted Tomatoes over Fusilli with Pesto & Parmesan Cheese <small>824 calories 620 mg sodium 14 g fat</small>	
MOQUI SOUR CREAM CHICKEN	13.30
Two Chicken Breasts with Green Chile Sour Cream & Pepperjack Cheese Served with Southwestern Rice & Chef's Vegetable of the Day <small>744 calories 1467 mg sodium 22.2 g fat</small>	
ARIZONA TOM TURKEY	13.85
<i>Featured on the 1939 Bright Angel Menu</i> Sliced Roasted Turkey with Sage Cornbread Dressing Served with Sweet Potato, Chef's Choice Vegetable, & Apple Cranberry Relish <small>580 calories 1441 mg sodium 23 g fat</small>	
THE RIVER RUNNER	13.30
<i>Featured on the 1953 Santa Fe Dining Car Menu</i> A Boneless Trout Fillet, Lightly Dusted in Seasoned Flour & Sautéed to Tender Perfection with Citrus Butter, Rice, & Seasonal Vegetables <small>705 calories 1300 mg sodium 28.9 g fat</small>	
SANTA FE SPAGHETTI	10.30
<i>Featured on the 1949 Bright Angel Menu</i> Homestyle Meatballs Smothered in Marinara or Meat Sauce with Smoked Mozzarella Cheese, Roasted Tomato, & Pesto Garnish Accompanied with Warm Garlic Toast & Parmesan Cheese <small>889 calories 1446 mg sodium 37.5 g fat</small>	



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DESSERTS

Make your Dessert A la Mode for an additional 2.75

136 calories | 34 mg sodium | 7.7 g fat

HOUSE MADE BREAD PUDDING 4.75

Appeared on the 1945 Cleveland Union Terminal Café Menu

Served with Whipped Topping & Hot Caramel Sauce

480 calories | 610 mg sodium | 24 g fat

NEW YORK STYLE CHEESECAKE 5.95

Appeared on the 1945 Cleveland Union Terminal Café Menu

A Rich & Creamy Tradition with Strawberry Compote or Caramel Sauce

275 calories | 350 mg sodium | 1 g fat

Strawberry Compote 108 calories | 9 mg sodium | 0.05 g fat

Caramel Sauce 108 calories | 148 mg sodium | 0.05 g fat

CHEF'S CHOICE HOUSE MADE COBBLER 4.75

Appeared on the 1940 La Posada Menu

Ask your server for today's flavor!

270 calories | 236 mg sodium | 13 g fat

APPLE PIE 4.25

Scrumptious Apples in a flaky crust

278 calories | 236 mg sodium | 13 g fat

HOUSE MADE BRIGHT ANGEL BROWNIE SUNDAE 6.25

A Warm Brownie with a Scoop of Vanilla Ice Cream, Drizzled with Hershey's Syrup, Whipped Topping, & a Cherry

1125 calories | 663 mg sodium | 52 g fat

DREYER'S GRAND ICE CREAM, LOW FAT SHERBET, OR SORBET 4.25

Choose from Peanut Butter Cup, Mint Chocolate Chip, Chocolate,

Vanilla, or Strawberry Ice Cream, or Rainbow Sherbet, Raspberry or Lemon Sorbet

Ice Cream: 272 calories | 68 mg sodium | 15.3 g fat (Vanilla - not including additional ingredients)

Sherbet & Sorbet: 221 calories | 26 mg sodium | 1.7 g fat

BEVERAGES

CHILLED FRUIT JUICE 8 OZ. 2.65

Orange, Apple, Grapefruit, Cranberry, V8, or Tomato

12 OZ. 3.50

100% RAINFOREST ALLIANCE COFFEE 2.75

BLACK OR HERBAL TEA 2.75

CAPPUCCINO SINGLE 3.20

DOUBLE 3.75

SOFT DRINKS 2.90

Coke, Diet Coke, Root Beer, Sprite, Mr. Pibb, Lemonade, or Iced Tea

GLASS OF MILK 2.90

2%, Chocolate, or Soy

Hot CHOCOLATE 2.75

