

WELCOME TO THE
HISTORIC HARVEY HOUSE CAFÉ
 AT THE BRIGHT ANGEL LODGE

STARTERS & SOUPS

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| HOUSE MADE TORTILLA SOUP Vegetarian & Gluten Free | 5.10 |
| SOUP OF THE DAY | 5.25 |
| BRIGHT ANGEL VEGGIE QUESADILLA Zucchini, Squash, Red Onion, Tomato, Corn Salsa, Cotija & Monterey Jack Cheeses in a Whole Wheat Tortilla accompanied with Salsa & Crema 536 calories 1567 mg sodium 28 g fat | 8.25 |
| WHITE BEAN & ROASTED GARLIC DIP Served with Red Peppers & Carrots 432 calories 568 mg sodium 26 g fat | 6.75 |
| SONORAN STUFFED JALAPENOS Deep Fried Jalapeno Peppers Stuffed with Cream Cheese & served with Cucumber Ranch Dressing 413 calories 1355 mg sodium 23.2 g fat | 7.95 |
| BATTERED MUSHROOMS & ZUCCHINI Served with Serrano Chile Buttermilk Dressing 614 calories 1640 mg sodium 45 g fat | 7.40 |
| GUACAMOLE MONTEREY <i>Featured on the 1980's El Tovar Dining Room Menu</i> Served with Tortilla Chips 754 calories 1269 mg sodium 45 g fat | 6.65 |

SALADS

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| HARVEY HOUSE Romaine Lettuce garnished with Roasted Beets, Carrots, Cucumber, & Pumpkin Seeds with Lime Vinaigrette 119 calories 75 mg sodium 6 g fat | 5.85 |
| BRAISED LENTIL & KALE Braised Lentils with Kale, a Mixture of Green and Purple Cabbage with Tomato, and Cucumbers Slices served with Dijon Vinaigrette 256 calories 460 mg sodium 5 g fat | 7.75 |
| ARIZONA COBB <i>Appeared on the 1940 Bright Angel Restaurant Menu</i> Mixed Greens with Chopped Egg, Chipotle Turkey, Avocado, Bleu Cheese, Diced Bacon, & Tomato served with Yogurt Ranch Dressing 576 calories 1603 mg sodium 37 g fat | 9.95 |
| FRESH FRUIT & YOGURT <i>Appeared on the 1938 Bright Angel Restaurant Menu</i> A Variety of Fresh Seasonal Fruit served with Yogurt 214 calories 205 mg sodium 6.5 g fat | 6.05 |
| THE HIKER'S CHICKEN CAESAR A Blend of Crisp Romaine Lettuce & Grilled Chicken Breast Tossed in Caesar Dressing Sprinkled with Parmesan Cheese & Croutons 447 calories 1066 mg sodium 26 g fat | 10.95 |
| SUPAI SPINACH Fresh Spinach with Smoked Rainbow Trout, Granny Smith Apple, Spiced Pecans, Dried Cranberries with Honey Balsamic Vinaigrette 385 calories 829 mg sodium 21 g fat | 7.50 |






GOOD FOR YOU

Grand Canyon National Park Lodges is committed to providing our guests with a variety of options to help promote a healthy lifestyle. Throughout the menu you will find calories, sodium & fat nutritional information.

SANDWICHES

**Served with your Choice of Harvey House Salad, Red Potato Salad, Steamed Veggies, Fresh Fruit Salad
Root Vegetable Chips or Sweet Potato Wedges

 **BRIGHT ANGEL MONTE CRISTO** 10.80

Appeared on the 1970 Bright Angel Restaurant Menu

Sliced Turkey & Ham with Brie Cheese with a side of
Strawberry & Jalapeno Jelly on Whole Wheat Bread

530 calories | 1817 mg sodium | 26 g fat

PONDEROSA CHICKEN CLUB 10.65

Appeared on the 1938 El Tovar Dining Room Menu

Thinly Sliced Chicken & Turkey Bacon, Swiss Cheese, Lettuce,
& Tomato on Toasted 12 Grain Bread served with Chipotle Mayo

601 calories | 618 mg sodium | 22 g fat

COLORADO DIP 10.80

Roast Beef with Sautéed Onions & Mushrooms served on a
French Roll with Horseradish Mayo

517 calories | 1646 mg sodium | 39 g fat

Add au jus 77 calories | 1230 mg sodium | 4 g fat

 **SMOKED BUFFALO BRATWURST** 6.30

with Sauerkraut & served with your choice of side

657 calories | 1740 mg sodium | 30 g fat

BRIGHT ANGEL WRAPS

**Served with your Choice of Harvey House Salad, Red Potato Salad, Steamed Veggies, Fresh Fruit Salad
Root Vegetable Chips or Sweet Potato Fries

SMOKED SALMON 10.60

Honey Smoked Salmon with Spinach, Tomato, Crumbled Feta Cheese,
& Horseradish Yogurt in a Spinach or Whole Wheat Tortilla

441 calories | 704 mg sodium | 18 g fat

SWEET POTATO SPINACH 8.60

Sweet Potato, Kale, Purple Cabbage, Avocado, Roasted Red Pepper,
Goat Cheese, & Spiced Pecans served in a Spinach Wrap

580 calories | 743 mg sodium | 30 g fat

 Menu items made with Sustainable and/or Organic ingredients when available.

Children 12 & under may enjoy half portion entrees at a discounted price.

Ask your server about our gluten free options

*Consuming raw or undercooked meats, poultry, or seafood may increase your risk of food borne illness, especially if
you have certain medical conditions.

**Sides are not included in nutritional information





BUILD YOUR OWN BRIGHT ANGEL BURGER

Garnished with Lettuce, Tomato, Onion, & Pickle

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|  ONE THIRD POUND ANGUS BEEF | 11.30 |
| <i>Appeared on the 1942 Santa Fe Dining Car Menu</i> | |
| <small>501 calories 324 mg sodium 32 g fat</small> | |
|  TEPA VEGGIE PATTY | 9.80 |
| <small>756 calories 715 mg sodium 50 g fat</small> | |
| ONE THIRD POUND TURKEY PATTY | 9.80 |
| <small>538 calories 426 mg sodium 41 g fat</small> | |
|  CHICKEN BREAST | 10.30 |
| <i>Appeared on the 1938 El Tovar Dining Room Menu</i> | |
| <small>405 calories 393 mg sodium 29 g fat</small> | |

SELECT ONE EACH: Bun, Cheese, Condiment, Topping, & Sides

BUN: Whole Grain, Ciabatta, Gluten Free Bun, Lettuce Wrap

CHEESE: Pepperjack, Lite Swiss, Cheddar, Cotija, Bleu




CONDIMENT: Cilantro, Chimichurri Sauce, Cucumber Ranch, BBQ, Horseradish Sauce, Basil Pesto, Caesar Dressing, Red Chile Sauce

TOPPING: Roasted Red Pepper, Green Chile, Portabella Mushroom, Red Onion, Steamed Kale, Turkey Bacon, Fresh Avocado

SIDE: Harvey House Salad, Red Potato Salad, Steamed Vegetables, Fresh Fruit Salad, Root Vegetable Chips, Sweet Potato Fries or French Fries

ADDITIONAL TOPPING: 0.95 OR ADD CHILI: 0.95

TRAIL FAVORITES

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|---|------|
|  PACKER'S STEW IN A SOURDOUGH BOWL | 9.30 |
| A Hearty Stew Packed with Tender Beef Tips & a Variety of Garden Vegetables | |
| <small>1006 calories 511 mg sodium 22 g fat</small> | |
|  CHILI CON CARNE | 9.30 |
| <i>Appeared on the 1956 Bright Angel Restaurant Menu</i> | |
| Made with Fresh Ground Beef, Plump Red Tomatoes, Beans, Onions, Peppers & a Secret Blend of Spices loaded into a Sourdough Bowl with Crema & Diced Onion | |
| <small>1074 calories 437 mg sodium 28 g fat</small> | |
|  THREE SISTERS CHILI | 9.30 |
| Squash, Corn & Pinto Bean Chili served in a Sourdough Bowl with Shredded Cotija Cheese & Lime | |
| <small>915 calories 2066 mg sodium 12 g fat</small> | |

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DESSERTS

Make your Dessert A la Mode for an additional 2.75
136 calories | 34 mg sodium | 7.7 g fat

HOUSE MADE BREAD PUDDING 4.75

Appeared on the 1945 Cleveland Union Terminal Café Menu

Served with Whipped Topping & Hot Caramel Sauce

480 calories | 610 mg sodium | 24 g fat

NEW YORK STYLE CHEESECAKE 5.95

Appeared on the 1945 Cleveland Union Terminal Café Menu

A Rich & Creamy Tradition with Strawberry Compote or Caramel Sauce

275 calories | 350 mg sodium | 1 g fat

Strawberry Compote 108 calories | 9 mg sodium | 0.05 g fat

Caramel Sauce 108 calories | 148 mg sodium | 0.05 g fat

CHEF'S CHOICE HOUSE MADE COBBLER 4.75

Appeared on the 1940 La Posada Menu

Ask your server for today's flavor!

270 calories | 236 mg sodium | 13 g fat

APPLE PIE 4.25

Scrumptious Apples in a flaky crust

278 calories | 236 mg sodium | 13 g fat

HOUSE MADE BRIGHT ANGEL BROWNIE SUNDAE 6.25

A Warm Brownie with a Scoop of Vanilla Ice Cream, Drizzled with Hershey's Syrup, Whipped Topping, & a Cherry

1125 calories | 663 mg sodium | 52 g fat

DREYER'S GRAND ICE CREAM, LOW FAT SHERBET, OR SORBET 4.25

Choose from Peanut Butter Cup, Mint Chocolate Chip, Chocolate,

Vanilla, or Strawberry Ice Cream, or Rainbow Sherbet, Raspberry or Lemon Sorbet

Ice Cream: 272 calories | 68 mg sodium | 15.3 g fat (Vanilla – not including additional ingredients)

Sherbet & Sorbet: 221 calories | 26 mg sodium | 1.7s g fat

BEVERAGES

CHILLED FRUIT JUICE 8 oz. 2.65

Orange, Apple, Grapefruit, Cranberry, V8, or Tomato

12 oz. 3.50

100% RAINFOREST ALLIANCE COFFEE 2.75

BLACK OR HERBAL TEA 2.75

CAPPUCCINO SINGLE 3.20

DOUBLE 3.75

SOFT DRINKS 2.90

Coke, Diet Coke, Root Beer, Sprite, Mr. Pibb, Lemonade, or Iced Tea

HOT CHOCOLATE 2.75

PREMIUM BEER 16 oz. 5.75

New Belgium Seasonal, 1554 Black Lager, Fat Tire, Grand Canyon IPA, Grand Canyon Pilsner

