



WELCOME TO THE  
**HISTORIC HARVEY HOUSE CAFÉ**  
 AT THE BRIGHT ANGEL LODGE



Grand Canyon National Park Lodges is committed to providing our guests with a variety of options to help promote a healthy lifestyle. Throughout the menu you will find calories, sodium, & fat nutritional information.

## STARTERS & SOUPS

<b>BRIGHT ANGEL VEGGIE QUESADILLA</b>	<b>8.45</b>
Zucchini, Squash, Red Onion, Tomato, Corn Salsa, Cotija, & Monterey Jack Cheeses in a Whole Wheat Tortilla accompanied with Salsa & Crema	
<small>536 calories   1567 mg sodium   28 g fat</small>	
<b>SONARAN STUFFED JALAPEÑOS</b>	<b>8.25</b>
Deep Fried Jalapeno Peppers Stuffed with Cream Cheese & served with Ranch Dressing	
<small>413 calories   1355 mg sodium   23.2 g fat</small>	
<b>BATTERED MUSHROOMS &amp; ZUCCHINI</b>	<b>7.50</b>
Served with Ranch Dressing	
<small>614 calories   1640 mg sodium   45 g fat</small>	
<b>GUACAMOLE MONTEREY</b>	<b>6.95</b>
<i>Featured on the 1980's El Tovar Dining Room Menu</i>	
Served with Tortilla Chips	
<small>754 calories   1269 mg sodium   45 g fat</small>	
<b>HOUSE MADE TORTILLA SOUP</b>	<b>5.10</b>
Vegetarian & Gluten Free	
<b>SOUP OF THE DAY</b>	<b>5.30</b>

## SALADS

<b>HARVEY HOUSE</b>	<b>5.75</b>
Romaine Lettuce garnished with Roasted Beets, Carrots, Cucumber, & Pumpkin Seeds with Lime Vinaigrette	
<small>119 calories   75 mg sodium   6 g fat</small>	
<b>ARIZONA COBB</b>	<b>12.25</b>
<i>Featured on the 1940 Bright Angel Menu</i>	
Served with Tortilla Chips	
<small>576 calories   1603 mg sodium   37 g fat</small>	
<b>THE HIKER'S CHICKEN CAESAR</b>	<b>12.25</b>
A Blend of Crisp Romaine & Grilled Chicken Breast Tossed in Caesar Dressing Sprinkled with Parmesan Cheese & Croutons	
<small>447 calories   1066 mg sodium   26 g fat</small>	
<b>SUPAI SPINACH</b>	<b>10.70</b>
Fresh Spinach with Smoked Rainbow Trout, Granny Smith Apple, Spiced Pecans, Dried Cranberries with Honey Balsamic Vinaigrette	
<small>385 calories   829 mg sodium   21 g fat</small>	



# SOUTHWEST TRADITIONS



## TRAILBLAZING FAJITAS

Boneless Chicken Strips	16.70
Tender Strips of Steak	17.00
Combination of Both	17.50

Marinated in Southwestern Spices, Grilled with Onion, Tomatoes, & Bell Peppers, Includes Flour Tortillas, Guacamole, Sour Cream, Salsa, Southwestern Rice & Black Beans... served sizzling!

Chicken 1844 calories | 1693 mg sodium | 68 g fat  
Beef 2104 calories | 1801 mg sodium | 78 g fat

## TORTILLA CRUSTED TILAPIA

19.20

Tilapia Filet with Pico de Gallo, Avocado, Southwestern Rice, & Chef's Choice Vegetable

905 calories | 1550 mg sodium | 47 g fat

# BURGERS

Garnished with Lettuce, Tomato, Onion, & Pickle

Served with your Choice of Harvey House Salad, Steamed Vegetables, Fresh Fruit Salad, Root Vegetable Chips, Sweet Potato Wedges, or French Fries

## BRIGHT ANGEL BURGER

11.75

One Third Pound Arizona Grown Angus Beef served on a Ciabatta Bun

500 calories | 414 mg sodium | 19 g fat

## CHEESE BURGER

12.00

One Third Pound Arizona Grown Angus Beef  
Choice of American or Cheddar Cheese  
served on a Ciabatta Bun

614 calories | mg sodium | 28 g fat

## BACON CHEESE BURGER

12.25

One Third Pound Arizona Grown Angus Beef,  
Bacon, & Choice of American or Cheddar Cheese  
served on a Ciabatta Bun

825 calories | 843 mg sodium | 48 g fat

## CHILI BURGER

12.25

One Third Pound Arizona Grown Angus Beef  
& Chili served on a Ciabatta Bun

561 calories | 668 mg sodium | 21 g fat

## BRIGHTY'S TURKEY BURGER

10.50

One Third Pound Turkey Patty, Avocado, Pepperjack Cheese,  
& Ranch Dressing served on a Cibatta Bun

590 calories | 712 mg sodium | 21 g fat

## KAIBAB VEGETARIAN BURGER

10.50

Vegetarian Patty served on a Whole Wheat Hamburger Bun

456 calories | 715 mg sodium | 50 g fat

 Menu items made with Sustainable and/or Organic ingredients when available.

Children 12 & under may enjoy half portion entrees at a discounted price.

Ask your server about our gluten free options

\*Consuming raw or undercooked meats, poultry, or seafood may increase your risk of food borne illness, especially if you have certain medical conditions.



# HARVEY GIRL® TRADITIONS

Choice of Harvey House Salad, House Made Tortilla Soup, or Soup of the Day



<p><b>HARVEY HOUSE ARIZONA GROWN STEAK</b>  A Hand Cut 8 oz. Arizona Grown NY Strip grilled to order  with Sautéed Mushrooms &amp; Onions  Served with Potato &amp; Seasonal Vegetables  903 calories   207 mg sodium   48 g fat</p>	<p><b>19.70</b></p>
<p><b>INDIAN GARDEN GRILLED VEGETABLE PESTO FUSILLI</b>  Grilled Vegetables with Artichokes &amp; Roasted Tomatoes  over Fusilli Pasta with Pesto &amp; Parmesan Cheese  824 calories   620 mg sodium   14 g fat</p>	<p><b>11.50</b></p>
<p><b>MOQUI SOUR CREAM CHICKEN</b>  Two Chicken Breasts with Green Chile Sour Cream &amp; Pepperjack Cheese  Served with Southwestern Rice &amp; Black Beans  744 calories   1467 mg sodium   22.2 g fat</p>	<p><b>14.00</b></p>
<p><b>ARIZONA TOM TURKEY</b>  <i>Featured on the 1939 Bright Angel Menu</i>  Sliced Roasted Turkey  Served with Sweet Potato, Chef's Choice Vegetable,  &amp; Mango Cranberry Sauce  580 calories   1441 mg sodium   23 g fat</p>	<p><b>15.00</b></p>
<p><b>THE RIVER RUNNER</b>  <i>Featured on the 1953 Santa Fe Dining Car Menu</i>  A Boneless Trout Fillet, Lightly Dusted in Seasoned Flour  &amp; Sautéed to Tender Perfection  Served with Citrus Butter, Rice, &amp; Seasonal Vegetables  705 calories   1300 mg sodium   28.9 g fat</p>	<p><b>14.25</b></p>
<p><b>SANTA FE SPAGHETTI</b>  <i>Featured on the 1949 Bright Angel Menu</i>  Homestyle Meatballs Smothered in Marinara or Meat Sauce  with Smoked Mozzarella Cheese, Roasted Tomato, &amp; Pesto Garnish  Accompanied with Warm Garlic Toast &amp; Parmesan Cheese  889 calories   1446 mg sodium   37.5 g fat</p>	<p><b>11.25</b></p>
<p><b>BRAISED BONELESS BEEF SHORT RIBS</b>  With Ju-lié Accompanied with Potato &amp; Chef's Choice Vegetables  1128 calories   1484 mg sodium   71 g fat</p>	<p><b>12.70</b></p>



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## DESSERTS



Make your Dessert à la mode for an additional 2.75

136 calories | 34 mg sodium | 7.7 g fat

HOUSE MADE BREAD PUDDING	5.00
<i>Appeared on the 1945 Cleveland Union Terminal Café Menu</i>	
Served with Whipped Topping & Hot Caramel Sauce	
<small>480 calories   610 mg sodium   24 g fat</small>	
NEW YORK STYLE CHEESECAKE	5.30
<i>Appeared on the 1945 Cleveland Union Terminal Café Menu</i>	
A Rich & Creamy Tradition with Strawberry Compote or Caramel Sauce	
<small>800 calories   513 mg sodium   34 g fat</small>	
<small>Strawberry Compote 108 calories   9 mg sodium   0.05 g fat</small>	
<small>Caramel Sauce 108 calories   148 mg sodium   0.05 g fat</small>	
CHEF'S CHOICE HOUSE MADE COBBLER	4.75
<i>Appeared on the 1940 La Posada Menu</i>	
Ask your server for today's flavor!	
<small>270 calories   236 mg sodium   13 g fat</small>	
APPLE PIE	4.50
Scrumptious Apples in a flaky crust	
<small>278 calories   236 mg sodium   13 g fat</small>	
HOUSE MADE BRIGHT ANGEL BROWNIE SUNDAE	6.25
A Warm Brownie with a Scoop of Vanilla Ice Cream, Drizzled with Hershey's Syrup, Whipped Topping, & a Cherry	
<small>1125 calories   663 mg sodium   52 g fat</small>	
DREYER'S GRAND ICE CREAM, LOW FAT SHERBET, OR SORBET	4.25
Choose from Peanut Butter Cup, Mint Chocolate Chip, Chocolate, Vanilla, or Strawberry Ice Cream, or Rainbow Sherbet, Raspberry or Lemon Sorbet	
<small>Ice Cream: 272 calories   68 mg sodium   15.3 g fat (Vanilla - not including additional ingredients)</small>	
<small>Sherbet &amp; Sorbet: 221 calories   26 mg sodium   1.7 g fat</small>	

## BEVERAGES

CHILLED FRUIT JUICE	8 OZ. 3.00
Orange, Apple, Grapefruit, Cranberry, V8, or Tomato	12 OZ. 3.75
100% RAINFOREST ALLIANCE COFFEE	2.80
BLACK OR HERBAL TEA	2.75
CAPPUCCINO	SINGLE 3.25
	DOUBLE 3.95
SOFT DRINKS	2.90
Coke, Diet Coke, Root Beer, Sprite, Mr. Pibb, Lemonade, or Iced Tea	
GLASS OF MILK	2.90
2%, Chocolate, or Soy	
Hot CHOCOLATE	2.80