



385 calories | 829 mg sodium | 21 g fat

WELCOME TO THE HISTORIC HARVEY HOUSE CAFÉ AT THE BRIGHT ANGEL LODGE



STARTERS & SOUPS

HOUSE MADE TORTILLA SOUP Vegetarian & Gluten Free	5.10
SOUP OF THE DAY	5.30
BRIGHT ANGEL VEGGIE QUESADILLA Zucchini, Squash, Red Onion, Tomato, Corn Salsa, Cotija & Monterey Jack Cheeses in a Whole Wheat Tortilla accompanied with Salsa & Crema 536 calories 1567 mg sodium 28 g fat	8.45
SONORAN STUFFED JALAPEÑOS Deep Fried Jalapeño Peppers Stuffed with Cream Cheese & served with Ranch Dressing 413 calories 1355 mg sodium 23.2 g fat	8.25
BATTERED MUSHROOMS & ZUCCHINI Served with Ranch Dressing 614 calories 1640 mg sodium 45 g fat	7.50
GUACAMOLE MONTEREY Featured on the 1980's El Tovar Dining Room Menu Served with Tortilla Chips 754 calories 1269 mg sodium 45 g fat	6.95
SALADS	
HARVEY HOUSE Romaine Lettuce garnished with Roasted Beets, Carrots, Cucumber, & Pumpkin Seeds with Lime Vinaigrette 119 calories 75 mg sodium 6 g fat	5.75
ARIZONA COBB Appeared on the 1940 Bright Angel Restaurant Menu Mixed Greens with Chopped Egg, Chipotle Turkey, Avocado, Bleu Cheese, Diced Bacon, & Tomato served with Yogurt Ranch Dressing 576 calories 1603 mg sodium 37 g fat	12.25
THE HIKER'S CHICKEN CAESAR A Blend of Crisp Romaine Lettuce & Grilled Chicken Breast Tossed in Caesar Dressing Sprinkled with Parmesan Cheese & Croutons 447 calories 1066 mg sodium 26 g fat	12.25
SUPAI SPINACH Fresh Spinach with Smoked Rainbow Trout, Granny Smith Apple, Spiced Pecans, Dried Cranberries with Honey Balsamic Vinaigrette	10.70





Good For You



9.20

Grand Canyon National Park Lodges is committed to providing our guests with a variety of options to help promote a healthy lifestyle. Throughout the menu you will find calories, sodium & fat nutritional information.

Served with your Choice of Harvey House Salad, Steamed Vegetables, Fresh Fruit Salad, Root Vegetable Chips, Sweet Potato Wedges, or French Fries

PONDEROSA CHICKEN CLUB Appeared on the 1938 El Tovar Dining Room Menu Grilled Chicken & Bacon, Cheddar Cheese, Lettuce, & Tomato on Toasted Ciabatta served with Dijon 711 calories 944 mg sodium 33 g fat	11.70
COLORADO DIP Roast Beef with Sautéed Onions & Mushrooms served on a French Roll with Horseradish Mayo 517 calories 1646 mg sodium 39 g fat Add au jus 77 calories 1230 mg sodium 4 g fat	11.40
CANYON GRILL Turkey Breast, Ham, Swiss Cheese, Cheddar Cheese, Dijon Mustard Served on Sourdough with a Garnish of Lettuce, Tomato, Onion & Pickle 859 calories 2587 mg sodium 30 g fat	11.40
BRIGHT ANGEL REUBEN Cornbeef, Sauerkraut, Swiss Cheese, & Russian Dressing on Marbled Rye 1027 calories 2587 mg sodium 67 g fat	11.70
SMOKED BUFFALO BRATWURST with Sauerkraut & served with your choice of side $_{\rm 657\ calories 1740\ mg\ sodium 30\ g\ fat}$	7.25
BRIGHT ANGEL WRAPS	
Served with your Choice of Harvey House Salad, Steamed Vegetables, Fresh Fruit Salad, Root Vegetable Chips, Sweet Potato Wedges, or French Fries	
SMOKED SALMON Honey Smoked Salmon with Spinach, Tomato, Crumbled Feta Cheese, & Horseradish Yogurt in a Spinach or Whole Wheat Tortilla 441 calories 704 mg sodium 18 g fat	11.00



SWEET POTATO SPINACH

580 calories | 743 mg sodium | 30 g fat

Sweet Potato, Kale, Purple Cabbage, Avocado, Roasted Red Pepper,

Goat Cheese, & Spiced Pecans served in a Spinach Wrap





Burgers



Garnished with Lettuce, Tomato, Onion, & Pickle

Served with your Choice of Harvey House Salad, Steamed Vegetables, Fresh Fruit Salad, Root Vegetable Chips, Sweet Potato Wedges, or French Fries

	BRIGHT ANGEL BURGER One Third Pound Arizona Grown Angus Beef served on a Ciabatta Bun 500 calories 414 mg sodium 19 g fat	11.75
	CHEESE BURGER One Third Pound Arizona Grown Angus Beef Choice of American or Cheddar Cheese served on a Ciabatta Bun 614 calories 590 mg sodium 28 g fat	12.00
	BACON CHEESE BURGER One Third Pound Arizona Grown Angus Beef, Bacon, & Choice of American or Cheddar Cheese served on a Ciabatta Bun 825 calories 834 mg sodium 48 g fat	12.25
	CHILI BURGER One Third Pound Arizona Grown Angus Beef & Chili served on a Ciabatta Bun 561 calories 668 mg sodium 21 g fat	12.25
	BRIGHTY'S TURKEY BURGER One Third Pound Turkey Patty, Avocado, Pepperjack Cheese, & Ranch Dressing served on a Ciabatta Bun 590 calories 712 mg sodium 27 g fat	10.50
	Kaibab Vegetarian Burger Vegetarian Patty served on a Whole Wheat Hamburger Bun $_{756\; calories 715\; mg}$ sodium $ 50\; g$ fat	10.50
	TRAIL FAVORITES	
***	PACKER'S STEW IN A SOURDOUGH BOWL A Hearty Stew Packed with Tender Beef Tips & a Variety of Garden Vegetables 1006 calories 511 mg sodium 22 g fat	10.00
***	CHILI CON CARNE Appeared on the 1956 Bright Angel Restaurant Menu Made with Fresh Ground Beef, Plump Red Tomatoes, Beans, Onions, Peppers & a Secret Blend of Spices loaded into a Sourdough Bowl with Crema & Diced Onion 1074 calories 437 mg sodium 28 g fat	10.00
	THREE SISTERS CHILI Squash, Corn & Pinto Bean Chili served in a Sourdough Bowl with Shredded Cotija Cheese & Lime	10.00

915 calories | 2066 mg sodium | 12 g fat







Make your Dessert à la mode for an additional 2.75 $_{\rm 136\ calories\ |\ 34\ mg\ sodium\ |\ 7.7\ g\ fat}$

130 calories 34 mg soutum 7.77 g tac	
HOUSE MADE BREAD PUDDING Appeared on the 1945 Cleveland Union Terminal Café Menu Served with Whipped Topping & Hot Caramel Sauce 480 calories 610 mg sodium 24 g fat	5.00
NEW YORK STYLE CHEESECAKE Appeared on the 1945 Cleveland Union Terminal Café Menu A Rich & Creamy Tradition with Strawberry Compote or Caramel Sauce 800 calories 513 mg sodium 34 g fat Strawberry Compote 108 calories 9 mg sodium 0.05 g fat Caramel Sauce 108 calories 148 mg sodium 0.05 g fat	5.30
CHEF'S CHOICE HOUSE MADE COBBLER Appeared on the 1940 La Posada Menu Ask your server for today's flavor! 270 calories 236 mg sodium 13 g fat	4.75
APPLE PIE Scrumptious Apples in a flaky crust 278 calories 236 mg sodium 13 g fat	4.50
HOUSE MADE BRIGHT ANGEL BROWNIE SUNDAE A Warm Brownie with a Scoop of Vanilla Ice Cream, Drizzled with Hershey's Syrup, Whipped Topping, & a Cherry 1125 calories 663 mg sodium 52 g fat	6.25
Dreyer's Grand Ice Cream, Low Fat Sherbet, or Sorbet	4.25

BEVERAGES

Choose from Peanut Butter Cup, Mint Chip, Chocolate, Grand Vanilla,

or Strawberry Ice Cream, or Rainbow Sherbet, Raspberry Sorbet Ice Cream: 272 calories | 68 mg sodium | 15.3 g fat (Vanilla – not including additional ingredients) Sherbet & Sorbet: 221 calories | 26 mg sodium | 1.7s g fat

CHILLED FRUIT JUICE Orange, Apple, Grapefruit, Cranberry, V8, or Tomato	8 oz. 3.00 12 oz. 3.75
100% Rainforest Alliance Coffee	2.80
Black or Herbal Tea	2.75
Cappuccino	SINGLE 3.25 DOUBLE 3.95
SOFT DRINKS Coke, Diet Coke, Root Beer, Sprite, Mr. Pibb, Lemonade, or Iced Tea	2.90
Hot Chocolate	2.80
16 OZ. PREMIUM DRAFT BEER New Belgium Seasonal, 1554 Black Lager, Fat Tire, Grand Canyon IPA, Grand Canyon Pilsn	6.00

