



## WELCOME TO THE HISTORIC HARVEY HOUSE CAFÉ AT THE BRIGHT ANGEL LODGE



### Our Dining Philosophy

At Grand Canyon National Park Lodges, we believe that increasing the sustainability of natural systems is not just good business, it is the right thing to do. The Majority of our menu items feature sustainable ingredients, and in many cases are locally sourced. Sourcing locally along with recycling, composting and water management are a few of the ways we try to do our part to reduce the effects of global warming.

We are also committed to providing our guests with a variety of options to help promote a healthy lifestyle. Throughout the menu you will find calories, sodium, & fat nutritional information.

# STARTERS & SOUPS

SONORAN STUFFED JALAPEÑOS Deep Fried Jalapeno Peppers Stuffed with Cream Cheese & Served with Ranch Dressing 413 calories   1355 mg sodium   23.2 g fat	8.50
GUACAMOLE MONTEREY Featured on the 1980's El Tovar Dining Room Menu Served with Tortilla Chips 754 calories   1269 mg sodium   45 g fat	7.00
HOUSE MADE TORTILLA SOUP Vegetarian & Gluten Free	5.55
Soup of the Day <b>SALADS</b>	5.75
HARVEY HOUSE Romaine Lettuce garnished with Roasted Beets, Carrots, Cucumber, & Pumpkin Seeds with Lime Vinaigrette 119 calories   75 mg sodium   6 g fat	5.90
THE HIKER'S CHICKEN CAESAR A Blend of Crisp Romaine & Grilled Chicken Breast Tossed in Caesar Dressing Sprinkled with Parmesan Cheese & Croutons 447 calories   1066 mg sodium   26 g fat	13.70
SUPAI SALAD Tuna Salad served Over Tomatoes on a Bed of Spinach with	10.55

Spiced Pecans & Dried Cranberries 373 calories | 1423 mg sodium | 26.3 g fat



# Southwest Traditions



Trailblazing Fajitas	
Boneless Chicken Strips	17.35
Tender Strips of Steak	17.35
Combination of Beef and Chicken	17.35
Shrimp	19.30

Marinated in Southwestern Spices, Grilled with Onion, Tomatoes, & Bell Peppers, Includes Flour Tortillas, Guacamole, Sour Cream, Salsa, Southwestern Rice & Black Beans... Served sizzling! Chicken 1844 calories | 1693 mg sodium | 68 g fat Beef 2104 calories | 1801 mg sodium | 78 g fat Shrimp 1784 calories | 1577 mg sodium | 58 g fat

BURGERS

Garnished with Lettuce, Tomato, Onion, & Pickle Served with your Choice of Side Salad, Steamed Vegetables, Fresh Fruit Salad, Root Vegetable Chips, Sweet Potato Wedges, or French Fries Gluten Free Buns Available

BRIGHT ANGEL BURGER One Third Pound Arizona Grown Angus Beef* Served on a Brioche Roll 390 calories   284mg sodium   19 g fat	11.80
CHEESE BURGER One Third Pound Arizona Grown Angus Beef* Choice of American or Cheddar Cheese Served on a Brioche Roll <sup>504</sup> calories   460 mg sodium   28 g fat	12.00
BACON CHEESE BURGER One Third Pound Arizona Grown Angus Beef*, Bacon, & Choice of American or Cheddar Cheese Served on a Brioche Roll 715 calories   704 mg sodium   48 g fat	12.35
CHILI BURGER One Third Pound Arizona Grown Angus Beef* & House-made Chili Topped with an Onion Ring and Cheddar Cheese Served on a Brioche Roll 451 calories   538 mg sodium   21 g fat	12.35
BRIGHTY'S TURKEY BURGER One Third Pound Turkey Patty, Avocado, Pepperjack Cheese, & Ranch Dressing Served on a Brioche Roll 480 calories   682 mg sodium   21 g fat	11.55
KAIBAB VEGETARIAN BURGER Vegetarian Tepa, Gluten Free Patty Served on a Brioche Roll 456 calories   715 mg sodium   50 g fat	11.10
PONDEROSA CHICKEN CLUB Grilled Chicken Breast, Bacon, Cheddar Cheese & Dijon Mustard Served on a Brioche Roll <sup>601</sup> calories   654 mg sodium   33 g fat Children 12 & under may enjoy half portion entrees at a discounted price.	11.55

Ask your server about our gluten free options

\*Consuming raw or undercooked meats, poultry, or seafood may increase your risk of food borne illness, especially if you have certain medical conditions.







HARVEY HOUSE ARIZONA GROWN STEAK A Hand Cut 8 oz. Arizona Grown NY Strip* grilled to order with Sautéed Mushrooms & Onions Served with Potato & Seasonal Vegetables <sup>903</sup> calories   207 mg sodium   48 g fat	21.85
ROASTED VEGGIE WHITE CHEDDAR MAC & CHEESE Roasted Broccoli, Diced Red & Yellow Peppers, Mushrooms served over Elbow Pasta with White Cheddar Sauce 642 calories   1296 mg sodium   25.9 g fat	12.85
MOQUI CHICKEN Two Chicken Breasts with Green Chile & Pepperjack Cheese Served with Southwestern Rice & Black Beans 744 calories   1467 mg sodium   22.2 g fat	14.10
ARIZONA TOM TURKEY <i>Featured on the 1939 Bright Angel Menu</i> Sliced Roasted Turkey Served with Sweet Potato, Chef's Choice Vegetable, & Mango Cranberry Sauce <sup>580</sup> calories   1441 mg sodium   23 g fat	15.10
THE RIVER RUNNER <i>Featured on the 1953 Santa Fe Dining Car Menu</i> A Boneless Trout Fillet, Lightly Dusted in Seasoned Flour & Sautéed to Tender Perfection Served with Citrus Butter, Rice, & Seasonal Vegetables 705 calories   1300 mg sodium   28.9 g fat	15.35
SANTA FE SPAGHETTI Featured on the 1949 Bright Angel Menu Homestyle Meatballs Smothered in Marinara or Meat Sauce with Smoked Mozzarella Cheese, Roasted Tomato, & Pesto Garnish accompanied with Warm Garlic Toast & Parmesan Cheese <sup>889</sup> calories   1446 mg sodium   37.5 g fat Substitute Meatballs and Add Sautéed Shrimp 658 calories   1094 mg sodium   18 g fat 6.50	12.30
BRAISED BONELESS BEEF SHORT RIBS With Ju-lié Accompanied with Potato & Chef's Choice Vegetables 1128 calories   1484 mg sodium   71 g fat	14.85
Bright Angel Protein Bowl A Blend of Five Whole Grains (Quinoa, Millet, Kaniwa, Amaranth & Teff) with Blackened Chick Peas, Diced Carrots, Brussels Sprouts, Roasted Parsnip, Sliced Avocado, Pumpkin Seeds with Lemon Tahini Dressing	13.70

Santa Fe Make your Dessert à la mode for an additional 2.75 136 calories   34 mg sodium   7.7 g fat	Santa Fe
HOUSE MADE BREAD PUDDING Appeared on the 1945 Cleveland Union Terminal Café Menu served with Whipped Topping & Hot Caramel Sauce 480 calories   610 mg sodium   24 g fat	5.25
NEW YORK STYLE CHEESECAKE Appeared on the 1945 Cleveland Union Terminal Café Menu A Rich & Creamy Tradition with Strawberry Compote or Caramel Sauce 800 calories   513 mg sodium   34 g fat Strawberry Compote 108 calories   9 mg sodium   0.05 g fat Caramel Sauce 108 calories   148 mg sodium   0.05 g fat	5.95
CHEF'S CHOICE HOUSE MADE COBBLER Appeared on the 1940 La Posada Menu Ask your server for today's flavor! 270 calories   236 mg sodium   13 g fat	4.75
APPLE PIE Scrumptious Apples in a flaky crust 278 calories   236 mg sodium   13 g fat	4.75
DREYER'S GRAND ICE CREAM, LOW FAT SHERBET, OR SORBET Choose from Peanut Butter Cup, Mint Chocolate Chip, Chocolate, Vanilla, or Strawberry Ice Cream, or Rainbow Sherbet, Raspberry or Lemon Sorbet Ice Cream: 272 calories   68 mg sodium   15.3 g fat (Vanilla – not including additional ingredients) Sherbet & Sorbet: 221 calories   26 mg sodium   1.7 g fat	3.75

ICE COLD DRAFT BEER Make it a Flight of 4 of your favorite Arizona Brews for \$9.00

Premium Draft Beers 16	oz.	\$6.75	
Grand Canyon Brewing, Williams, AZ - Pilsner		Lumberyard Brewery, Flagstaff, AZ - Bright Angel IPA	
SanTan Brewing Company, Chandler, AZ - Hefeweizen		Sierra Nevada, Chico, CA, Seasonal - ask your server	
Mother Road Brewing Company, Flagstaff, AZ - Tower Station IF	mpany, Flagstaff, AZ - Tower Station IPA New Belgium, Fort Collins, CO - Fat Tire Amber Ale		
College Street Brewing Company, Lake Havasu City, AZ - Sweet Devil St	out	Coors Lite Lager 16 oz.	\$5.50

## BEVERAGES

Chilled Orange Juice	12 oz. 4.00	8 oz. 3.00
CHILLED FRUIT JUICE Apple, Grapefruit, Cranberry, V8, or Tomato	12 oz. 3.75	8 oz. 2.50
100% Rainforest Alliance Coffee		2.80
Black or Herbal Tea		2.80
CAPPUCCINO	double 4.25	single 3.50
Iced Coffee		2.80
SOFT DRINKS Coke, Diet Coke, Root Beer, Sprite, Mr. Pibb, Lemonad	e, or Iced Tea	2.80
GLASS OF MILK 2%, Chocolate, or Soy		2.90
Hot Chocolate		2.80

