

# Appetizer

Add Honey Smoked Salmon or Shrimp for \$9 & Marinated Grilled Chicken Breast or Tofu for \$5

## Signature French Onion Soup Gratinee \$11

House-made Soup du Jour \$10

#### Southwestern Shrimp Cocktail GF

Seasoned Shrimp w Southwestern Cocktail Sauce \$16

#### Elote Caesar

Romaine hearts, Spiced Dressing, Corn Blue Cornbread Croutons, Cotija Cheese, Spices \$13

#### Beet Root Tartare VG

Classic Chilled Beet Salad , Lemon , Dijon , Cornichons , Crostini \$12

#### Warm Olives VG

Marcona Almonds \$12

# El Tovar's Signature Chili

## Beef & Pork Chili

Simmered Beef & Pork Loin Chili, Steamed Rice, Cheddar, Red Onions Green Chili Cornmeal Muffin \$14

## Vegetarian Chili V

Stewed Kidney, Black, Tepary & Garbanzo Bean Chili Vegetable, Steamed Rice, Cheddar, Red Onions Green Chili Cornmeal Muffin \$13

\*Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness especially
if you have certain medical conditions.

GF Gluten Free V Vegetarian VG Vegan

Vegetarian and Gluten-free variations are available upon request but we cannot guarantee that meal preparation or meals will be allergen or gluten-free while precautions will be taken. Allergen information for all food available upon request.

El Tovar Lunch Menu Summer 2025

## **Sandwiches**

Choice of side: House-Made Pickled Vegetables, Tossed Greens, Fries, Fruit Salad, Soup or Daily Chef's Vegetables

#### Lobster Roll

Chunky Northeastern Lobster Salad, Brioche, Lettuce, Old Bay \$26

#### **Croque Monsieur**

Sourdough, Gruyere, Ham, Béchamel \$20

#### \*French Onion Burger

House-Made Ground Beef Patty, French Onion Aioli, Lettuce Caramelized Onions, Cherrywood Smoked Bacon, Gruyere Cheese Brioche Bun, Choice of Side \$19

#### Morning Star Black Bean Burger V

Smoked Paprika Aioli, Lettuce, Tomato, Onion, Sharp Cheddar, Hatch Green Chile \$18

#### Cilantro Lime Chicken Salad Sandwich

Lettuce, Tomato, Onion, Roasted Red Peppers, Ciabatta Roll \$17

## Grilled Vegetable Panini *V*

Grain Toast , Roasted Peppers, Squash ,Red Onion Portabella ,Goat Cheese, Roasted Vegetable Puree \$17

## Garden Entree

## Forage Plate GF, VG

Roasted Sunchokes, Charred Green Onions, Roasted Mushrooms Arugula, Micro Greens, Amaranth , Prickly Pear Dressing \$20

## Cobb Salad GF

Avocado, Tomato, Boiled Eggs, Bacon, Iceberg Lettuce, Gorgonzola, Peppercorn Ranch \$20

## Mediterranean Salad GF, V

Chopped Romaine, Spinach, Cucumber, Kalamata Olives, Roasted Red Pepper Chickpeas, Red Onion, Tomato, Feta Cheese, Lemon Vinaigrette \$18

#### Summer Salad v, GF

Heirloom Tomatoes, Watermelon Radish, Arugula, Beets, Goat Cheese Pumpkin Seeds , Red Onion ,Lemon Herb Vinaigrette \$17

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## Entrée

Served with Chef's Daily Vegetables

#### \*Seared Steelhead Trout

Citrus Agave Glaze, Blue Corn Nokake, Cactus Caviar \$34

## Elk Bolognese

Tomato Ragout, Ground Elk, Fresh Mozzarella Shaved Parmesan, Fresh Basil, Bucatini, Toasted Garlic Bread \$29

# Signature Beef Stroganoff

Brandt Beef, Mushroom Rich Brown Sauce Bed of Egg Noodles, Sour Cream \$24

#### Chicken Paillard GF

Poblano Peach Chutney, Arugula, Ancient Grains \$22

## Traditional Navajo Taco

Fresh Made Fry-Bread with choice of Ground Beef
Tepary Beans or Vegetarian Chili, Shredded Cheddar, Red Onion
Tomato, Chopped Lettuce, Avocado, Sour Cream, Fresh Salsa \$22

# Royale Pesto Pasta V

Seared Trumpet Royale Mushrooms, Bucatini pasta
Roasted Tomato, Parmesan, Pine Nuts, Toasted Garlic Bread \$26

## Chef's Daily Quiche

Chef's Choice Daily Style, Tossed Greens \$18

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