



WELCOME TO THE
HISTORIC HARVEY HOUSE CAFÉ
 AT THE BRIGHT ANGEL LODGE



STARTERS & SOUPS

HOUSE MADE TORTILLA SOUP	5.10
Vegetarian & Gluten Free	
SOUP OF THE DAY	5.30
BRIGHT ANGEL VEGGIE QUESADILLA	8.80
Zucchini, Squash, Red Onion, Tomato, Corn Salsa, Cotija & Monterey Jack Cheeses in a Whole Wheat Tortilla accompanied with Salsa & Crema	
<small>536 calories 1567 mg sodium 28 g fat</small>	
SONORAN STUFFED JALAPEÑOS	8.25
Deep Fried Jalapeño Peppers Stuffed with Cream Cheese & served with Ranch Dressing	
<small>413 calories 1355 mg sodium 23.2 g fat</small>	
BATTERED MUSHROOMS & ZUCCHINI	7.60
Served with Ranch Dressing	
<small>614 calories 1640 mg sodium 45 g fat</small>	
GUACAMOLE MONTEREY	6.95
<i>Featured on the 1980's El Tovar Dining Room Menu</i>	
Served with Tortilla Chips	
<small>754 calories 1269 mg sodium 45 g fat</small>	

SALADS

HARVEY HOUSE	5.75
Romaine Lettuce garnished with Roasted Beets, Carrots, Cucumber, & Pumpkin Seeds with Lime Vinaigrette	
<small>119 calories 75 mg sodium 6 g fat</small>	
ARIZONA COBB	11.85
<i>Appeared on the 1940 Bright Angel Restaurant Menu</i>	
Mixed Greens with Chopped Egg, Chipotle Turkey, Avocado, Bleu Cheese, Diced Bacon, & Tomato served with Yogurt Ranch Dressing	
<small>576 calories 1603 mg sodium 37 g fat</small>	
THE HIKER'S CHICKEN CAESAR	11.85
A Blend of Crisp Romaine Lettuce & Grilled Chicken Breast Tossed in Caesar Dressing Sprinkled with Parmesan Cheese & Croutons	
<small>447 calories 1066 mg sodium 26 g fat</small>	
SUPAI SPINACH	10.30
Fresh Spinach with Smoked Rainbow Trout, Granny Smith Apple, Spiced Pecans, Dried Cranberries with Honey Balsamic Vinaigrette	
<small>385 calories 829 mg sodium 21 g fat</small>	



GOOD FOR YOU

Grand Canyon National Park Lodges is committed to providing our guests with a variety of options to help promote a healthy lifestyle. Throughout the menu you will find calories, sodium & fat nutritional information.

SANDWICHES


Served with your Choice of Side Salad, Steamed Vegetables,
Fresh Fruit Salad, Root Vegetable Chips, Sweet Potato Wedges, or French Fries

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|  | <p>PONDEROSA CHICKEN CLUB 11.30
 <i>Appeared on the 1938 El Tovar Dining Room Menu</i>
 Grilled Chicken & Bacon, Cheddar Cheese, Lettuce,
 & Tomato on Toasted Whole Wheat Bun served with Dijon
 <small>601 calories 654 mg sodium 33 g fat</small></p> |
| | <p>COLORADO DIP 11.00
 Roast Beef with Sautéed Onions & Mushrooms served on a
 French Roll with Horseradish Mayo
 <small>517 calories 1646 mg sodium 39 g fat</small>
 Add au jus <small>77 calories 1230 mg sodium 4 g fat</small></p> |
| | <p>CANYON GRILL 11.00
 Turkey Breast, Ham, Swiss Cheese, Cheddar Cheese, Dijon Mustard
 Served on Sourdough with a Garnish of Lettuce, Tomato, Onion & Pickle
 <small>859 calories 2587 mg sodium 30 g fat</small></p> |
| | <p>BRIGHT ANGEL REUBEN 11.30
 Cornbeef, Sauerkraut, Swiss Cheese, & Russian Dressing on Marbled Rye
 <small>1027 calories 2587 mg sodium 67 g fat</small></p> |
|  | <p>SMOKED BUFFALO BRATWURST 6.85
 with Sauerkraut & served with your choice of side
 <small>657 calories 1740 mg sodium 30 g fat</small></p> |

BRIGHT ANGEL WRAPS

Served with your Choice of Side Salad, Steamed Vegetables,
Fresh Fruit Salad, Root Vegetable Chips, Sweet Potato Wedges, or French Fries

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|---|
| <p>SMOKED SALMON 10.60
 Honey Smoked Salmon with Spinach, Tomato, Crumbled Feta Cheese,
 & Horseradish Yogurt in a Spinach or Whole Wheat Tortilla
 <small>441 calories 704 mg sodium 18 g fat</small></p> |
| <p>SWEET POTATO SPINACH 8.80
 Sweet Potato, Kale, Purple Cabbage, Avocado, Roasted Red Pepper,
 Goat Cheese, & Spiced Pecans served in a Spinach Wrap
 <small>580 calories 743 mg sodium 30 g fat</small></p> |

 Menu items made with Sustainable and/or Organic ingredients when available.
Children 12 & under may enjoy half portion entrees at a discounted price.

Ask your server about our gluten free options

*Consuming raw or undercooked meats, poultry, or seafood may increase your risk of food borne illness, especially if you have certain medical conditions.





BURGERS





Garnished with Lettuce, Tomato, Onion, & Pickle


Served with your Choice of Side Salad, Steamed Vegetables,
Fresh Fruit Salad, Root Vegetable Chips, Sweet Potato Wedges, or French Fries


 **BRIGHT ANGEL BURGER** 11.35
One Third Pound Arizona Grown Angus Beef served on a Whole Wheat Bun
390 calories | 284 mg sodium | 19 g fat

 **CHEESE BURGER** 11.60
One Third Pound Arizona Grown Angus Beef
Choice of American or Cheddar Cheese
served on a Whole Wheat Bun
504 calories | 460 mg sodium | 28 g fat

 **BACON CHEESE BURGER** 11.85
One Third Pound Arizona Grown Angus Beef,
Bacon, & Choice of American or Cheddar Cheese
served on a Whole Wheat Bun
715 calories | 704 mg sodium | 48 g fat


 **CHILI BURGER** 11.85
One Third Pound Arizona Grown Angus Beef
& Chili served on a Whole Wheat Bun
451 calories | 538 mg sodium | 21 g fat

 **BRIGHTY'S TURKEY BURGER** 10.10
One Third Pound Turkey Patty, Avocado, Pepperjack Cheese,
& Ranch Dressing served on a Whole Wheat Bun
480 calories | 682 mg sodium | 21 g fat


 **KAIBAB VEGETARIAN BURGER** 10.10
Vegetarian Patty served on a Whole Wheat Bun
756 calories | 715 mg sodium | 50 g fat

TRAIL FAVORITES

 **PACKER'S STEW IN A SOURDOUGH BOWL** 9.60
A Hearty Stew Packed with Tender Beef Tips
& a Variety of Garden Vegetables
1006 calories | 511 mg sodium | 22 g fat

 **CHILI CON CARNE** 9.60
Appeared on the 1956 Bright Angel Restaurant Menu
Made with Fresh Ground Beef, Plump Red Tomatoes, Beans,
Onions, Peppers & a Secret Blend of Spices loaded
into a Sourdough Bowl with Crema & Diced Onion
1074 calories | 437 mg sodium | 28 g fat

 **THREE SISTERS CHILI** 9.60
Squash, Corn & Pinto Bean Chili served in a Sourdough Bowl
with Shredded Cotija Cheese & Lime
915 calories | 2066 mg sodium | 12 g fat

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DESSERTS




Make your Dessert à la mode for an additional 2.75
136 calories | 34 mg sodium | 7.7 g fat

HOUSE MADE BREAD PUDDING	5.00
<i>Appeared on the 1945 Cleveland Union Terminal Café Menu</i>	
Served with Whipped Topping & Hot Caramel Sauce 480 calories 610 mg sodium 24 g fat	
NEW YORK STYLE CHEESECAKE	5.30
<i>Appeared on the 1945 Cleveland Union Terminal Café Menu</i>	
A Rich & Creamy Tradition with Strawberry Compote or Caramel Sauce 800 calories 513 mg sodium 34 g fat Strawberry Compote 108 calories 9 mg sodium 0.05 g fat Caramel Sauce 108 calories 148 mg sodium 0.05 g fat	
CHEF'S CHOICE HOUSE MADE COBBLER	4.75
<i>Appeared on the 1940 La Posada Menu</i>	
Ask your server for today's flavor! 270 calories 236 mg sodium 13 g fat	
APPLE PIE	4.50
Scrumptious Apples in a flaky crust 278 calories 236 mg sodium 13 g fat	
HOUSE MADE BRIGHT ANGEL BROWNIE SUNDAE	6.25
A Warm Brownie with a Scoop of Vanilla Ice Cream, Drizzled with Hershey's Syrup, Whipped Topping, & a Cherry 1125 calories 663 mg sodium 52 g fat	
DREYER'S GRAND ICE CREAM, LOW FAT SHERBET, OR SORBET	4.25
Choose from Peanut Butter Cup, Mint Chip, Chocolate, Grand Vanilla, or Strawberry Ice Cream, or Rainbow Sherbet, Raspberry Sorbet Ice Cream: 272 calories 68 mg sodium 15.3 g fat (Vanilla – not including additional ingredients) Sherbet & Sorbet: 221 calories 26 mg sodium 1.7s g fat	

BEVERAGES

CHILLED FRUIT JUICE	8 oz. 3.00
Orange, Apple, Grapefruit, Cranberry, V8, or Tomato	12 oz. 3.75
100% RAINFOREST ALLIANCE COFFEE	2.80
BLACK OR HERBAL TEA	2.75
CAPPUCCINO	SINGLE 3.25 DOUBLE 3.95
SOFT DRINKS	2.90
Coke, Diet Coke, Root Beer, Sprite, Mr. Pibb, Lemonade, or Iced Tea	
HOT CHOCOLATE	2.80
PREMIUM BEERS 16 OZ.	6.00
Grand Canyon Brewing, Pilsner & IPA, New Belgium Breweing, 1554 Black Lager, Fat Tire AmberAle, Sierra Nevada, Seasonal - ask your server Lumberyard Brewing, Bright Angel IPA, Blue Moon Brewing, Belgium White	
DOMESTIC BEER 16 OZ.	4.50
Miller Lite	

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