



## Our Dining Philosophy

At El Tovar Dining Room it is our passion to bring our Guest the best possible Dining experience while honoring the Traditions that Fred Harvey brought to the Great West, whilst embracing the Social and Civic Duties that are expected of an Environmental Ambassador such as Xanterra. We are committed to serving our guests the freshest and most local fare we can find. We work With as many local vendors as possible, from produce, protein and dairy to our Custom Made Fine China. We strive to bridge The Gap between the fine service that our company is based on and the demanding needs of an experienced and educated consumer. It is our pride to bring you the best of old and new, from classically prepared dishes, breads and desserts all made in house. It is our honor to be Custodians of the Environment through our composting and recycling programs.

Founded in 1990, The Green Restaurant Association, an international nonprofit organization, has pioneered the Green Restaurant® movement as the leading voice within the industry, encouraging restaurants to green their operations using transparent, science-based certification standards. With its turnkey certification system, the GRA has made it accessible for thousands of restaurants to become more environmentally sustainable in Energy, Water, Waste, Food, Chemicals, Disposables, & Building.

We are proud to be one of the first to receive the Green Industry Association 3 Star certification in Arizona.

## The Story of El Tovar

When the Santa Fe railroad first reached the Grand Canyon in 1901, construction was immediately begun on a first class hotel to accommodate travelers. Built of Native boulders and Oregon pine, the majestic, 100 –room hotel opened January 14, 1905. It was named El Tovar in honor of Spanish explorer Pedro de Tobar, who had led the first expedition to Hopi Indian country in 1540.

The Fred Harvey Company was the logical choice to run the new El Tovar as Fred Harvey had been building and operating outstanding facilities for food and rest along the Santa Fe route since 1876.

Nothing was spared in making El Tovar one of the great hotels of its era. The building was completely equipped with electric lights powered by its own steam generator. Railroad tank cars brought fresh water for the hotel from Del Rio, 120 miles away. Fresh fruit and vegetables were grown in greenhouses on the premises. The hotel even had its own dairy. The most important single consideration, however, was to extend genuine hospitality and the utmost courtesy to the new Hotel's guest.

Xanterra Parks & Resorts purchased the Fred Harvey Company in 1968 and this tradition has been strictly maintained to this day. We hope that you enjoy your visit to this historic hotel.





## Beverages

Organic Aztec Roast Coffee 3.60	Twinings Organic Hot Tea 3.60
Regular or Decaffeinated with refill	El Tovar Belgian Hot Chocolate 4.10
Espresso or Americano 4.45	Iced Tea or Flavored Tea 3.60
Cappuccino, Latte or Mocha 5.05	Iced Coffee 3.60

## Canyon Craft Cocktails

Add a Q Drink, a Premium All Natural Carbonated Mixer to any Cocktail for \$3.00

<b>Prickly Pear Margarita</b>	\$9.90
A Cool Southwestern Twist to an Old Favorite with Hornitos Tequila, Patron Citronge, Sweet n' Sour, Lime & Prickly Pear Syrup	
<b>Steamer 29</b>	\$10.15
Like our Old Steam Engine 29, this will keep you going all day, Kahula, St. Brandon's Irish Cream, Hennessy Cognac, Organic Coffee, Topped with Whipped Cream and Drizzled with Grand Marnier	
<b>Miners' Sarsaparilla</b>	\$9.85
Keep your hard working miner happy with our blend of Bulleit Whiskey & Real Maine Sarsaparilla	
<b>Whitewater Spritzer</b>	\$9.65
Hang on, cool and refreshing. A perfect blend of Vodka, Blueberries, Vanilla and Champagne	
<b>Red Rock Jalisco</b>	\$10.15
Tequila, always a Southwest Favorite with Watermelon and Fresh Mint	
<b>Ferrier's Breakfast</b>	\$10.15
You need to be tough to be a Ferrier, Makers Mark, Grand Marnier, Dash of Orange Bitters, and Organic Coffee, Topped with Whipped Cream and Drizzled with Molasses	
<b>North of the Border</b>	\$9.60
A smooth treat of Sauza Tequila, Campari, Grapefruit Juice & a Splash of Soda	
<b>Canyon Side</b>	\$9.65
A Good Place to Enjoy this Cocktail. A unique blend of Light Rum, Pomegranate, Lime and Pineapple Juice and Orgeat	
<b>Arancione Negroni</b>	\$10.15
The Perfect Warm Up for a Fantastic Meal at El Tovar. Campari, Gin, Sweet Vermouth with a splash of Nielsen Massey Pure Orange Extract	
<b>Pomegranate Manhattan</b>	\$9.60
Grand Canyon Whiskey, Pomegranate Liqueur with Fresh Rosemary & a Bordeaux Cherry	

### Ice Cold Draft Beer

*Make it a Flight of 4 of your favorite Arizona Brews for \$9.50*

Premium Draft Beers 16 oz. \$6.95

Grand Canyon Brewing, Williams, AZ, Pilsner  
 SanTan Brewing Company, Chandler, AZ Hefeweizen  
 Mother Road Brewing Company, Flagstaff, AZ, Tower Station IPA  
 College Street Brewing Company, Lake Havasu City, AZ, Sweet Devil Stout

Lumberyard Brewery, Flagstaff, AZ, Bright Angel IPA  
 Sierra Nevada, Chico, CA, Seasonal - ask your server  
 New Belgium, Fort Collins, CO, Fat Tire Amber Ale  
 Coors Lite Lager 16 oz.



## To Begin

Signature French Onion Soup Gratinée 8.00

### El Tovar Vegetarian Chili

Onions, Longhorn Cheddar & Corn Muffins 8.75

Chef's Soup du Jour 7.50

### Arizona Grown Beef & Pork Loin Chili

Onions, Longhorn Cheddar & Corn Muffins 10.95

## Salad

### El Tovar House Salad

Baby Organic Greens, Tomatoes, Julienne Jicama, Sliced Red Onion  
Toasted Pine Nuts, Raspberries, Blackberries, Goat Cheese, Balsamic Vinaigrette **GF** 9.50

### Classic Caesar Salad

Crisp Romaine, Shaved Parmesan Cheese, House-made Croutons, Caesar Dressing 9.50

### Whittlesey Entree Salad

Baby Spinach & Romaine, Roasted Tomato, Black Beans, Sliced Red Onion, Green Chile & Avocado  
Topped with Cotija Cheese, Chopped Cage Free Egg, Cilantro Lime Dressing **GF** 13.45  
add Antibiotic Free, Marinated Grilled Chicken Breast, Honey Smoked Salmon or Fried Tofu 4.95

#### **GF Gluten Free**

*Children 12 & under may enjoy half portion entrees at a discounted price.  
Any special dietary needs ask your server for assistance.*





## Sandwiches

Choice of Salad du Jour, Fresh Fruit Salad, French Fries or Organic Green Salad  
Gluten Free Bread Available

### Pesto Chicken Salad

Antibiotic Free, Pesto Chicken Salad, Roasted Red Pepper, Lettuce, Tomato, Red Onion, Locally Produced 12 Grain Bread 12.95

### Hot Pastrami

Swiss Cheese, Red Onion Jalapeño Confit, Grey Poupon Dijon Mustard, on Locally Produced Marble Rye 13.40

### Classic Turkey Club Sandwich

Roasted Nitrate Free Turkey Breast, Thick Cut, Hormone & Antibiotic Free Bacon, Mayonnaise, Lettuce, Tomato  
Layered Between 3 Slices of Toasted Locally Produced Sourdough Bread 15.45

### Shaved Prime Rib Melt

Shaved Arizona Grown Prime Rib, Roasted Red Peppers, Bleu Cheese Spread, Provolone, Arugula  
Grilled Locally Produced Sourdough Bread 15.95  
*Inspired by El Tovar Lunch Item 1957*

### Bacon Avocado Ranch Burger

1/3 lb. Hand Formed Arizona Grown Hamburger\*, House-made Avocado Ranch Aioli, Thick Cut  
Hormone & Antibiotic Free Bacon, Melted Pepper Jack Cheese, Brioche Roll 14.95

### 12-Grain Santa Fe Sandwich

Roasted Green Chile Hummus, Grilled Portobello Mushroom, Fresh Avocado  
Grilled Red Onion, Tomato, Cucumber, Roasted Red Bell Peppers, Locally Produced 12-Grain Bread 13.20



**GF Gluten Free**

*\*Consuming raw or undercooked meats, poultry, seafood or eggs may increase your risk of food borne illness especially if you have certain medical conditions.*



## Entrees

### Blackened Salmon

Alaskan Wild Caught Salmon\* Fillet, Cilantro Crème Fraiche, Saffron Rice, Chef's Choice Seasonal Vegetables **GF** 25.40

### Tortellini Pomodoro

Tri-Color Tortellini, Chopped Artichoke Heart, Diced Eggplant, Diced Zucchini, Chiffonade of Basil, Toasted Garlic Bread 12.95  
add Antibiotic Free, Sliced Marinated Chicken Breast or Tofu 4.95  
add Sustainably Farmed Jumbo Shrimp 8.50

### Traditional Navajo Taco

Choice of Seasoned Arizona Grown Ground Beef with Pinto & Black Beans or Vegetarian Chili  
Fresh Hand-made Fry Bread, Shredded Cheddar, Red Onion, Fresh Tomato, Chopped Lettuce  
House-made Guacamole, Sour Cream, Fresh Salsa 12.45

### El Tovar Signature Beef Stroganoff

Arizona Grown Beef, Button Mushrooms, Egg Noodles, Chef's Choice Seasonal Vegetable 14.40

### Chef's Daily Feature

Market Price

### Chef's Signature House-made Quiche

Organic Green Salad or Soup du Jour 13.95  
Vegetarian Option Available

## House Made Desserts

Chocolate Mousse in a Chocolate Taco	8.25
Homestyle Apple Streusel Pie	8.25
Desert Fruit Blossom with Seasonal Fruit	8.25
Flourless Chocolate Cake with a Gluten Free Brownie Crust	8.25
Grateful Spoon Gelato	7.20

Ask your Server about the Monthly Featured Desserts!

### **GF Gluten Free**

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## Mimbrenño China



The Santa Fe Railway is celebrated in print, song and film as the railroad that opened the Great South west, stretching from the Great Lakes to the Pacific Ocean. The Santa Fe Railway brought civilization to some of the most spectacular scenery on the continent. Along with the railroad came the legendary Fred Harvey Company, operator of the Santa Fe's meal stops, hotels and dining cars. Almost from its beginning, the Santa Fe accepted the identity of the old west as its own. Its stations, timetables and trains reflected the Spanish and Indian cultures that so fascinated the rest of the country.

Mary E. J. Colter was a pioneer who served both the Santa Fe and the Fred Harvey Trading Company as designer and Indian art expert. Mary Colter combed museums for suitably authentic designs, deciding finally on motifs from the ancient tribe of the Mimbres Valley.

Little is known even today about the Mimbrenños, but their pottery was superb. The carefully formed earthenware was decorated with stylized representations of the creatures of water, sky and land. Sophisticated geometric borders and the skillful use of low-fire earhtone glazes created a unique style that appealed greatly to both Mary Colter and the Santa Fe.

The Onondaga Pottery Company produced Mimbrenño China from 1936 to 1970, exclusively for the Santa Fe Dining Car Department. It was used on all dining cars until the end of service in 1971, whereupon it became even more highly coveted in the collector's market. Today, it is exceedingly rare. Through a special agreement with the AT&SF Railway, the HR Coors company is recreating this historic china to the same high standards laid down by Mary Colter.

Our Mimbrenño dining set is the same hotel grade, vitreous china used on the Santa Fe dining cars, and all wares carry the elaborate Santa Fe backstamp. El Tovar Dining Room uses the Black & Gray color scheme. You can take home a piece of history today, by purchasing Mimbrenño China from our gift shop.

## Murals

The murals on the El Tovar dining room walls reflect these customs of four Indian tribes: Hopi-Praying to Hahay ' mana, Mother of all Kachina: Central figure is beseeching Ha-hai-mana for a good harvest; Kachina on the left will carry the message to the gods. Girl offers Piki bread to Kachina and the boy is holding a melon, which symbolizes good crops. Water jug holds holy water to bless the people.

Apache-Sun Rise Dance: The two young girls have just reached puberty and will dance all night. During this puberty dance, the four mountain spirit dancers on the right will put scars on the wrists of the girls, showing that they are now mature and ready for marriage. Two figures on the left are a drummer and a singer.

Mohave-Bird Dance or Harvest Dance: Bird dancer and singer are shown on the right. The two girls on the left are giving thanks for a good harvest, while the birds clean the fields to show the gods that there has been no waste.

Navajo-Feather Dance: The Navajo Kachina 'Yah-bits-hi, is depicted as an old man in a mask on the right. The singer in the center of the picture has strings attached to his drumsticks so the feathers dance in time to his drumming. The two kneeling figures are making the offering while a spectator, on the left, looks on.

## Sandpaintings

According to the Navajo religion, the Universe is a very delicately balanced thing. If this balance is upset, some disaster – usually an illness will result. To restore the balance and harmony means performing one of many Navajo chants or ways. These complex ceremonies involve the use of herbs, prayers, songs and sandpaintings. The sandpainting is done in a careful and sacred manner, according to the ancient knowledge of the art.

Father Sky and Mother Earth – Father Sky and Mother Earth appear in many sandpaintings throughout most of the Navajo Ways, including the Shooting Way, Mountain Way and Blessing Way. They are involved because of their strength and all-pervading importance. In the body of Mother Earth are the four sacred plants – corn, beans, squash and tobacco and in the body of Father Sky are the constellations, including the Milky Way, the sun and the moon.

Arrow People (Taken from the Shooting Chant) – The four arrow people in this sandpainting are guardian figures. Their main function is to give added protection to the sandpainting ceremony in which they appear. The arrows they carry represent the arrows that the Sun used in the sky; arrows too powerful to be entrusted to any hands but his own. Their clothes and ornamentation may differ from painting to painting depending on the purpose of the specific ceremony. The foundation on which they stand are rainbows.