



WELCOME TO THE
HISTORIC HARVEY HOUSE CAFÉ
 AT THE BRIGHT ANGEL LODGE



Our Dining Philosophy

At Grand Canyon National Park Lodges, we believe that increasing the sustainability of natural systems is not just good business, it is the right thing to do. The Majority of our menu items feature sustainable ingredients, and in many cases are locally sourced. Sourcing locally along with recycling, composting and water management are a few of the ways we try to do our part to reduce the effects of global warming.

We are also committed to providing our guests with a variety of options to help promote a healthy lifestyle. Throughout the menu you will find calories, sodium, & fat nutritional information.

FROM THE PANTRY

FRESH FRUIT SAMPLER	6.35
<i>Featured on the 1938 Bright Angel Restaurant Menu</i>	
A Variety of Fresh Seasonal Fruit	
Served with Yogurt	
214 calories 205 mg sodium 6.5 g fat	
 CHOICE OF HOT CEREAL WITH MILK	 4.50
<i>Featured on the 1935 El Tovar Dining Room Menu</i>	
Oatmeal	
159 calories 123 mg sodium 3 g fat	
Cream of Wheat	
92 calories 99 mg sodium 0.5 g fat	
 COLD CEREAL WITH MILK	 3.50
<i>Featured on the 1935 El Tovar Dining Room Menu</i>	
Add Sliced Banana for Additional 2.00	
251 calories 359 mg sodium 5.31 g fat	
 PLAIN BAGEL WITH CREAM CHEESE	 2.60
391 calories 630 mg sodium 2.11 g fat	
 HOUSE MADE BANANA BREAD	 2.35
161 calories 80 mg sodium 2.5g fat	

Ask your server about our Gluten Free & Vegetarian options

Actual Nutritional Values may vary due to factors such as individual preparation of our menu items.

*Consuming raw or undercooked meats, poultry, or seafood may increase your risk of food borne illness, especially if you have certain medical conditions.



PROUDLY SERVING CAGE FREE EGGS

GRAND CANYON BREAKFASTS

Toast: Whole Wheat, White, Rye, or Sourdough

FRED HARVEY STEAK & EGGS* 14.60

A 6 oz. Arizona Grown New York Strip Steak served with Two Eggs* Any Style, Served with Hash Browns or Fresh Fruit Salad & Choice of Toast

971 calories | 814 mg sodium | 38 g fat

BRIGHT ANGEL BREAKFAST 8.20

Featured on the 1936 El Tovar Dining Room Menu

Two Eggs* Any Style with your choice of Bacon, Turkey Bacon, Sausage, Turkey Sausage, or Ham, Served with Hash Browns or Fresh Fruit Salad & Choice of Toast

966 calories | 1600 mg sodium | 50 g fat

SUNRISE BREAKFAST 7.25

Two Eggs* Any Style, Served with Hash Browns or Fresh Fruit Salad & Choice of Toast

599 calories | 1502 mg sodium | 20 g fat

WESTERN OMELET 9.50

Two Eggs, Diced Ham, Bell Peppers, Onions, & Cheddar Cheese

Served with Hash Browns or Fresh Fruit Salad & Choice of Toast

511 calories | 918 mg sodium | 39 g fat

COWBOY OMELET 9.30

Two Eggs, Refried Beans, Salsa, Pepperjack Cheese, & Guacamole

Served with Hash Browns or Fresh Fruit Salad & Choice of Toast

500 calories | 790 mg sodium | 38 g fat

HOUSE SPECIALTIES

Toast: Whole Wheat, White, Rye, or Sourdough

ROASTED VEGGIE SCRAMBLE 9.50

Two Large Eggs* Any Style with Roasted Red Peppers, Mushrooms, Zucchini, Squash, & Roasted Tomato topped with Asiago Cheese & Green Onions

Served with Hash Browns or Fresh Fruit Salad & Choice of Toast

604 calories | 622 mg sodium | 18 g fat

HUEVOS RANCHEROS 9.00

Featured on the 1955 Bright Angel Restaurant Menu

Refried Beans & Corn Tortillas topped with Enchilada Sauce, Pepperjack Cheese Sour Cream, Green Chiles & Black Olives served with Two Large Eggs* Any Style Served with Hash Browns or Fresh Fruit Salad

745 calories | 1345 mg sodium | 36 g fat

Hash Browns are included in calorie counts.

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OFF THE GRIDDLE

FLAPJACKS	4.95
Two European Style, Thin Flap Jacks Served with Powdered Sugar, Maple Syrup and a Selection of Preserves <small>299 calories 277 mg sodium 10.8 mg fat *without butter</small>	
BUTTERMILK OR MULTIGRAIN PANCAKES	7.20
<i>Featured on the 1953 Santa Fe Dining Car Menu</i> A Tall Stack of Buttermilk or Multigrain Pancakes Served with your choice of Regular or Sugar Free Syrup or Apple Cinnamon Sauce <small>525 calories 917 mg sodium 20.5 g fat *without butter</small> Add Blueberries 1.00	
KOLB FRENCH TOAST	7.35
Three Thick Slices of Texas Toast Dipped in Egg Batter Grilled to Golden Brown Perfection Served with Your Choice of Regular or Sugar Free Syrup or Apple Cinnamon Sauce <small>596 calories 1244 mg sodium 28 g fat</small>	
BRIGHT ANGEL BREAKFAST SANDWICH	8.95
<i>Featured on the 1942 Santa Fe Dining Car Menu</i> Grilled Brioche Roll with Two Eggs* Any Style, Sliced Ham, Sliced Avocado, & Pepperjack Cheese Served with Your Choice of Hash Browns or Fresh Fruit Salad <small>595 calories 830 mg sodium 23 g fat</small>	

CHILDREN'S MENU

Available for Children 12 & Under

LITTLE ANGEL	4.30
One Egg* Any Style, Choice of Sausage or Bacon, Served with choice of Toast & Fresh Fruit Cup <small>492 calories 508.3 mg sodium 19.61 g fat</small>	
MINI SUNRISE BREAKFAST	3.80
One Egg* Any Style, served with Toast & Fresh Fruit Cup <small>410 calories 408 mg sodium 16.31 g fat</small>	
ONE BUTTERMILK PANCAKE	2.90
One Buttermilk Pancake, Served with your choice of Regular or Sugar Free Syrup <small>110 calories 233 mg sodium 2 g fat</small>	

Hash Browns are included in calorie counts.

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BEVERAGES



CHILLED ORANGE JUICE	12 oz. 4.00	8 oz. 3.00
CHILLED FRUIT JUICE	12 oz. 3.75	8 oz. 2.50
Apple, Grapefruit, Cranberry, V8, or Tomato		
100% RAINFOREST ALLIANCE COFFEE		2.80
BLACK OR HERBAL TEA		2.80
CAPPUCCINO	DOUBLE 4.25	SINGLE 3.50
ICED COFFEE		2.80
GLASS OF MILK		2.90
2%, Chocolate, or Soy		
HOT CHOCOLATE		2.80
SOFT DRINKS		2.80
Coke, Diet Coke, Root Beer, Sprite, Mr. Pibb, Lemonade, or Iced Tea		

COFFEE HOUSE SELECTIONS

Add an Extra Shot of Espresso for 1.50 or a Flavor Shot for 0.75

ESPRESSO	DOUBLE 3.75	SINGLE 2.20
AMERICANO	DOUBLE 3.75	SINGLE 2.20
CAPPUCCINO	DOUBLE 4.25	SINGLE 3.50
LATTE	DOUBLE 4.25	SINGLE 3.50
MOCHA	DOUBLE 4.75	SINGLE 4.00

SIDE SELECTIONS

ONE EGG* 80 calories 79.5 mg sodium 5.3 g fat	1.90	MULTIGRAIN PANCAKE 74 calories 155 mg sodium 1.5 g fat	2.90
TWO EGGS* 160 calories 159 mg sodium 10.6 g fat	3.70	HAM 138 calories 1439 mg sodium 8.3 g fat	4.00
HASH BROWNS 300 calories 387 mg sodium 14.1 g fat	2.70	BACON 86 calories 99.3 mg sodium 8.3 g fat	3.40
TOAST OR ENGLISH MUFFIN 240 calories 329 mg sodium 6.01 g fat	2.00	PORK SAUSAGE 388 calories 948 mg sodium 34g fat	3.40

Egg Beaters® Available Upon Request

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