



WELCOME TO THE
HISTORIC HARVEY HOUSE CAFÉ
 AT THE BRIGHT ANGEL LODGE



Grand Canyon National Park Lodges is committed to providing our guests with a variety of options to help promote a healthy lifestyle. Throughout the menu you will find calories, sodium, & fat nutritional information.

STARTERS & SOUPS

BRIGHT ANGEL VEGGIE QUESADILLA	8.80
Zucchini, Squash, Red Onion, Tomato, Corn Salsa, Cotija, & Monterey Jack Cheeses in a Whole Wheat Tortilla accompanied with Salsa & Crema	
<small>536 calories 1567 mg sodium 28 g fat</small>	
SONARAN STUFFED JALAPEÑOS	8.25
Deep Fried Jalapeno Peppers Stuffed with Cream Cheese & served with Ranch Dressing	
<small>413 calories 1355 mg sodium 23.2 g fat</small>	
BATTERED MUSHROOMS & ZUCCHINI	7.60
Served with Ranch Dressing	
<small>614 calories 1640 mg sodium 45 g fat</small>	
GUACAMOLE MONTEREY	6.95
<i>Featured on the 1980's El Tovar Dining Room Menu</i>	
Served with Tortilla Chips	
<small>754 calories 1269 mg sodium 45 g fat</small>	
HOUSE MADE TORTILLA SOUP	5.10
Vegetarian & Gluten Free	
SOUP OF THE DAY	5.30

SALADS

HARVEY HOUSE	5.75
Romaine Lettuce garnished with Roasted Beets, Carrots, Cucumber, & Pumpkin Seeds with Lime Vinaigrette	
<small>119 calories 75 mg sodium 6 g fat</small>	
ARIZONA COBB	11.85
<i>Featured on the 1940 Bright Angel Menu</i>	
Mixed Greens with Chopped Egg, Chipolte Turkey, Avocado, Blue Cheese, Diced Bacon, & Tomato served with Yogurt Ranch Dressing	
<small>576 calories 1603 mg sodium 37 g fat</small>	
THE HIKER'S CHICKEN CAESAR	11.85
A Blend of Crisp Romaine & Grilled Chicken Breast Tossed in Caesar Dressing Sprinkled with Parmesan Cheese & Croutons	
<small>447 calories 1066 mg sodium 26 g fat</small>	
SUPAI SPINACH	10.30
Fresh Spinach with Smoked Rainbow Trout, Granny Smith Apple, Spiced Pecans, Dried Cranberries with Honey Balsamic Vinaigrette	
<small>385 calories 829 mg sodium 21 g fat</small>	



SOUTHWEST TRADITIONS



TRAILBLAZING FAJITAS

Boneless Chicken Strips	16.30
Tender Strips of Steak	16.60
Combination of Both	17.10

Marinated in Southwestern Spices, Grilled with Onion, Tomatoes, & Bell Peppers, Includes Flour Tortillas, Guacamole, Sour Cream, Salsa, Southwestern Rice & Black Beans... served sizzling!

Chicken 1844 calories | 1693 mg sodium | 68 g fat
Beef 2104 calories | 1801 mg sodium | 78 g fat

TORTILLA CRUSTED TILAPIA

18.80

Tilapia Filet with Pico de Gallo, Avocado, Southwestern Rice, & Chef's Choice Vegetable

905 calories | 1550 mg sodium | 47 g fat

BURGERS

Garnished with Lettuce, Tomato, Onion, & Pickle

Served with your Choice of Side Salad, Steamed Vegetables, Fresh Fruit Salad, Root Vegetable Chips, Sweet Potato Wedges, or French Fries

BRIGHT ANGEL BURGER 11.35

One Third Pound Arizona Grown Angus Beef served on a Whole Wheat Bun

390 calories | 284mg sodium | 19 g fat

CHEESE BURGER 11.60

One Third Pound Arizona Grown Angus Beef
Choice of American or Cheddar Cheese
served on a Whole Wheat Bun

504 calories | 460 mg sodium | 28 g fat

BACON CHEESE BURGER 11.85

One Third Pound Arizona Grown Angus Beef,
Bacon, & Choice of American or Cheddar Cheese
served on a Whole Wheat Bun

715 calories | 704 mg sodium | 48 g fat

CHILI BURGER 11.85

One Third Pound Arizona Grown Angus Beef
& Chili served on a Whole Wheat Bun

451 calories | 538 mg sodium | 21 g fat

BRIGHTY'S TURKEY BURGER 10.10

One Third Pound Turkey Patty, Avocado, Pepperjack Cheese,
& Ranch Dressing served on a Whole Wheat Bun

480 calories | 682 mg sodium | 21 g fat

KAIBAB VEGETARIAN BURGER 10.10

Vegetarian Patty served on a Whole Wheat Bun

456 calories | 715 mg sodium | 50 g fat

 Menu items made with Sustainable and/or Organic ingredients when available.

Children 12 & under may enjoy half portion entrees at a discounted price.

Ask your server about our gluten free options

*Consuming raw or undercooked meats, poultry, or seafood may increase your risk of food borne illness, especially if you have certain medical conditions.



HARVEY GIRL® TRADITIONS

Choice of Side Salad, House Made Tortilla Soup, or Soup of the Day



HARVEY HOUSE ARIZONA GROWN STEAK 19.30

A Hand Cut 8 oz. Arizona Grown NY Strip grilled to order with Sautéed Mushrooms & Onions Served with Potato & Seasonal Vegetables

903 calories | 207 mg sodium | 48 g fat

INDIAN GARDEN GRILLED VEGETABLE PESTO FUSILLI 11.10

Grilled Vegetables with Artichokes & Roasted Tomatoes over Fusilli Pasta with Pesto & Parmesan Cheese

824 calories | 620 mg sodium | 14 g fat

MOQUI SOUR CREAM CHICKEN 13.60

Two Chicken Breasts with Green Chile Sour Cream & Pepperjack Cheese Served with Southwestern Rice & Black Beans

744 calories | 1467 mg sodium | 22.2 g fat

ARIZONA TOM TURKEY 14.60

Featured on the 1939 Bright Angel Menu

Sliced Roasted Turkey Served with Sweet Potato, Chef's Choice Vegetable, & Mango Cranberry Sauce

580 calories | 1441 mg sodium | 23 g fat

THE RIVER RUNNER 13.85

Featured on the 1953 Santa Fe Dining Car Menu

A Boneless Trout Fillet, Lightly Dusted in Seasoned Flour & Sautéed to Tender Perfection Served with Citrus Butter, Rice, & Seasonal Vegetables

705 calories | 1300 mg sodium | 28.9 g fat

SANTA FE SPAGHETTI 10.85

Featured on the 1949 Bright Angel Menu

Homestyle Meatballs Smothered in Marinara or Meat Sauce with Smoked Mozzarella Cheese, Roasted Tomato, & Pesto Garnish Accompanied with Warm Garlic Toast & Parmesan Cheese

889 calories | 1446 mg sodium | 37.5 g fat

BRAISED BONELESS BEEF SHORT RIBS 12.30

With Ju-lié Accompanied with Potato & Chef's Choice Vegetables

1128 calories | 1484 mg sodium | 71 g fat



Menu items made with Sustainable and/or Organic ingredients when available.

Children 12 & under may enjoy half portion entrees at a discounted price.

Ask your server about our gluten free options

*Consuming raw or undercooked meats, poultry, or seafood may increase your risk of food borne illness, especially if you have certain medical conditions.



DESSERTS



Make your Dessert à la mode for an additional 2.75

136 calories | 34 mg sodium | 7.7 g fat

HOUSE MADE BREAD PUDDING	5.00
<i>Appeared on the 1945 Cleveland Union Terminal Café Menu</i>	
Served with Whipped Topping & Hot Caramel Sauce	
<small>480 calories 610 mg sodium 24 g fat</small>	
NEW YORK STYLE CHEESECAKE	5.30
<i>Appeared on the 1945 Cleveland Union Terminal Café Menu</i>	
A Rich & Creamy Tradition with Strawberry Compote or Caramel Sauce	
<small>800 calories 513 mg sodium 34 g fat</small>	
<small>Strawberry Compote 108 calories 9 mg sodium 0.05 g fat</small>	
<small>Caramel Sauce 108 calories 148 mg sodium 0.05 g fat</small>	
CHEF'S CHOICE HOUSE MADE COBBLER	4.75
<i>Appeared on the 1940 La Posada Menu</i>	
Ask your server for today's flavor!	
<small>270 calories 236 mg sodium 13 g fat</small>	
APPLE PIE	4.50
Scrumptious Apples in a flaky crust	
<small>278 calories 236 mg sodium 13 g fat</small>	
HOUSE MADE BRIGHT ANGEL BROWNIE SUNDAE	6.25
A Warm Brownie with a Scoop of Vanilla Ice Cream, Drizzled with Hershey's Syrup, Whipped Topping, & a Cherry	
<small>1125 calories 663 mg sodium 52 g fat</small>	
DREYER'S GRAND ICE CREAM, LOW FAT SHERBET, OR SORBET	4.25
Choose from Peanut Butter Cup, Mint Chocolate Chip, Chocolate, Vanilla, or Strawberry Ice Cream, or Rainbow Sherbet, Raspberry or Lemon Sorbet	
<small>Ice Cream: 272 calories 68 mg sodium 15.3 g fat (Vanilla - not including additional ingredients)</small>	
<small>Sherbet & Sorbet: 221 calories 26 mg sodium 1.7 g fat</small>	

BEVERAGES

CHILLED FRUIT JUICE	8 OZ. 3.00
Orange, Apple, Grapefruit, Cranberry, V8, or Tomato	12 OZ. 3.75
100% RAINFOREST ALLIANCE COFFEE	2.80
BLACK OR HERBAL TEA	2.75
CAPPUCCINO	SINGLE 3.25
	DOUBLE 3.95
SOFT DRINKS	2.90
Coke, Diet Coke, Root Beer, Sprite, Mr. Pibb, Lemonade, or Iced Tea	
GLASS OF MILK	2.90
2%, Chocolate, or Soy	
HOT CHOCOLATE	2.80